

BECOME SUICIDE ALERT!



safeTALK
suicide alertness for everyone



Suicide Alertness for Everyone



A half-day suicide prevention programme,
this training is **FREE** to attend and funded by
the HSE National Office for Suicide Prevention

Learn four basic steps to recognise when
people have thoughts of suicide and to
connect them to suicide first aid resources

SafeTALK

Location:

Trim GAA Club

Date:

10th September 2025

Time:

6.30pm – 10pm

Four basic steps

Learn four basic steps to recognise
when people have thoughts of suicide
and to connect them to suicide first
aid resources.

SafeTALK 'suicide alertness for
everyone' prepares participants to
identify persons with thoughts of
suicide and connect them to suicide
first aid resources.

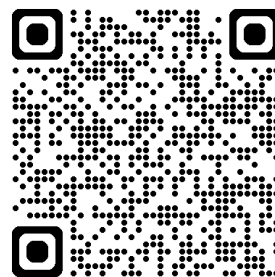
This training is suitable for anyone
over the age of 18.

Training is free of charge

Booking is essential.

[BOOK HERE](#)

Or use QR Code:



visit www.nosp.ie/training

or

email: admin@breakingthrough.org

for further information on Suicide
Prevention Training