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| A logo with text on it  AI-generated content may be incorrect. |  **Therapist - Job Description**  |
| **Title:**  |  Psychotherapist  |
| **Work Schedule:** | Part-time (28 hours)/Full-time (35 hours)(Working week is Monday – Friday) |
| **Contract Type:** | 18 months Fixed Term  |
| **Rate of Pay:** | €53,152 (pro-rata) |
| **Location:** | Spirasi, 213 North Circular Road, Phibsboro, Dublin 7 with hybrid working in accordance with Spirasi Hybrid working policy. |
| **Main Purpose of Role** |
| Spirasi is seeking a psychotherapist to provide individual and group therapeutic interventions — both online and in person — for survivors of torture from diverse cultural backgrounds. The role also involves conducting client assessments, administering psychological scales, and preparing clinical reports. In addition, the psychotherapist will co-ordinate referrals within Spirasi to ensure clients receive any additional support they may need.  |
| **Main Responsibilities** |
| **Client Work & Interventions*** To undertake initial consultations/assessments with survivors of torture, focusing on both strengths and difficulties.
* To carry out clinical assessments, including the use of psychological scales.
* To conduct risk assessments and implement risk management plans as appropriate.
* To provide evidence-informed therapeutic interventions, both individual and group, to adult survivors of torture.
* To provide crisis intervention when necessary.
* To have a minimum of four client contact hours per day, either as individual sessions, group sessions, or initial consultations.

**Documentation & Reporting*** To document client progress in case files, maintaining accurate and confidential records using Spirasi’s CRM, and to comply with all reporting requirements.
* To provide written reports/letters to other services as necessary.

**Collaboration & Meetings*** To liaise and consult with other professionals in supporting clients attending Spirasi.
* To participate in multidisciplinary team (MDT) supervision, group clinical supervision, and line management for support and guidance.
* To participate in monthly case management meetings, team meetings, clinical team meetings, all-staff meetings, and other necessary meetings.

**Professional Standards & Compliance** * To adhere to all agreed organisational policies, processes, procedures, and guidelines.
* To comply with responsibilities under the Data Protection Acts 1988, 2003 & 2018 (GDPR).
* To maintain professional and personal boundaries.

**Development & Training*** To undertake regular external supervision.
* To play an active role in the development of services and contribute to evaluation processes.
* To take part in organisational events, training, and planning.
* To participate in continuous professional development.
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| **Person Specification – Knowledge, Skills and Experience Required** |
| **Essential criteria: Essential Qualifications & Accreditation – Candidates who do not meet these essential criteria will NOT be considered.*** Doctorate or equivalent in Clinical/Counselling Psychology. Candidates qualified overseas must provide evidence of validation by the Department of Health at the time of application.
* Psychotherapists accredited by the Irish Council for Psychotherapy (ICP) or the Irish Association for Counselling and Psychotherapy (IACP) with a minimum of two years’ post-accreditation experience.
* Fully insured.
* Must be resident and professionally accredited to work in Ireland.
* Must have permission to work in Ireland.
* Able to speak and write English to IELTS Level 8 (Expert User).

**Clinical Experience & Skills*** Minimum of three years’ experience working with complex trauma.
* Proficient in a trauma-focused approach.
* Able to provide a range of therapeutic modalities.
* Experience providing therapeutic interventions both individually and in groups.
* Experience working remotely via phone and online platforms.
* Experience writing reports and clinical letters.
* Experience working effectively both independently and as part of a multidisciplinary team.

**Additional Skills & Attributes*** Possesses experience and understanding of cross-cultural work in therapy.
* Proficient in IT (client management systems, Word, Excel, PowerPoint, Email).
* Excellent self-care practices.

**Desirable criteria:*** Experience working with asylum seekers and refugees
* Experience using Salesforce
* Experience working with interpreters
* Knowledge of the international protection system in Ireland
* Ability to speak another language, e.g. Arabic, French.
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| **Please note*** This job description is not exhaustive; the post holder may be required to take on additional duties relevant to the role and contribute to its development.
* Applicants with qualifications obtained outside the Republic of Ireland **must** provide evidence of validation by the Irish Department of Health at the time of application.
* Garda clearance is a requirement for all Spirasi staff, both upon hiring and throughout employment.
* Candidates **must** have the right to work in Ireland at the time of application and for the duration of employment.
* Remote work requires a designated, single workspace in the home or an alternative office.
* All personal data received will be processed in accordance with the Data Protection Acts 1988, 2003, and GDPR (2018) and used solely for recruitment and administrative purposes.
* Spirasi is an equal opportunities employer. Recruitment decisions are based on merit, aligned with job and skill requirements.
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