



**PROJECT  
DAVINA**

Domestic Abuse/Violence is Never Acceptable

# DAVINA Training For Practitioners

## The Intersection of Domestic Violence and Abuse and Substance Use

Funded By

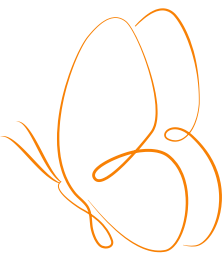


**CUAN**

An Ghníomhaireacht um Fhoréigean Baile,  
Gnéasach agus Inscnebhunaithe

The Domestic, Sexual and  
Gender-Based Violence Agency

  
**SAOL**  
project



# Why Is Our Training Unique?

## **Intersection of Substance Use & Domestic Violence & Abuse:**

Training on the complexities and the inextricable link between substance use and domestic abuse.

## **Unique DAVINA Best Practice Model:**

Our training provides you with the DAVINA Model: A Trauma Informed Best Practice Response To Women Using Substances and Subjected to Domestic Abuse.

## **Collaboration:**

SAOL uses a unique approach through presenting training material that has been worked on collaboratively with our women who are expert by experience. If feasible, our experts by experience will also be present on the day to support the delivery of the training key messages.

## **Access to Co-Created DAVINA Manual:**

In collaboration with DAVINA experts by experience, we have developed a practice guide which includes a 10-module psychoeducational programme.

The programme includes worksheets, handouts and discussion points which can be delivered in either a group setting or through 1:1's. The programme is suitable and beneficial for both survivors of domestic abuse and women who are currently in abusive relationships.



# What We Offer

## Day 1

### *“What The DAVINA Women Want You as Practitioners to Know About Domestic Abuse and Substance Use”*

Day 1 of the DAVINA training provides you with the knowledge and comprehension of “What the DAVINA Women Want You as Practitioners To Know” which is **Section 1 of the Manual**. You will receive this Section **only** of the manual following the training as a resource to back up the learning from the training.

### You Will Learn To:

- Describe how addiction is different for women and affects women differently.
- Identify the necessity of an intersectional approach to domestic violence and abuse and substance use.
- Describe the unique vulnerabilities and experiences of women who use substances and are subjected to abuse.
- Identify factors that may increase the risk of serious injury or homicide in the context of Substance Use and DVA.
- Describe the social and systemic barriers for women who use substances & are subjected to abuse to seeking help/disclosing and leaving.
- Apply the DAVINA Model – A Trauma Informed Response to Women Using Substances and Subjected to Domestic Abuse.
- Develop a safety plan with a woman using substances/ in recovery and subjected to domestic abuse.

**Note: more detailed learning outcomes per section is available on request**





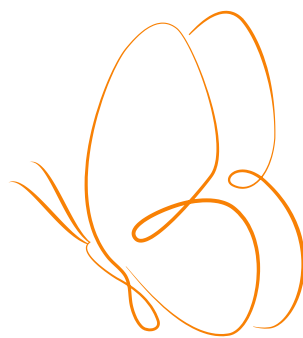
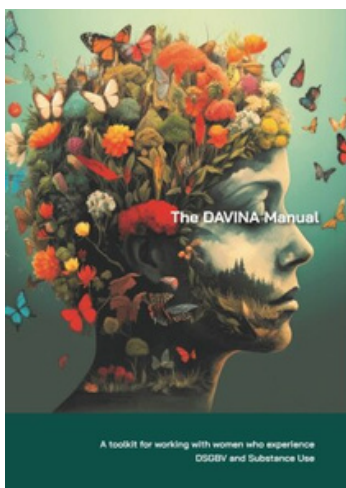
# What We Offer

## Day 2 DAVINA Champion Training *“What DAVINA Women Would Have Liked to Have Known Themselves”*

Day 2 of the training supports practitioners to learn how to successfully use the programme to support the women you work with and once trained we can provide PDF access to the full manual which provides all relevant handouts, worksheets and facilitator guidelines.

### You Will Learn To:

- Apply self-care techniques with women and yourself.
- Explain group dynamics and SAOL golden rules for group work.
- Use effectively the DAVINA psycho-educational toolkit with women – 1:1 and within group within your organisation.



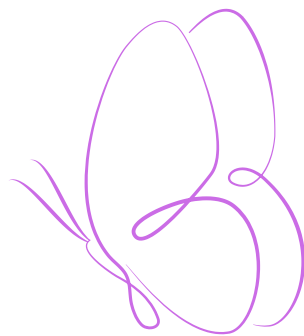


## When Can You Do DAVINA Champion Training?

- We anticipate providing Day 2 as an open session that individuals from any organisation can register to join once they have completed Day 1 DAVINA training.
- We expect to provide our first Day 2 session in October 2025 and then as required to meet demand.
- Any participant who has completed Day 1 of DAVINA training will be sent an invite to register for Day 2- DAVINA Champion training.

## Additional Free Offering: Online Community Of Practice

- After Day 1- you can sign up to our Community of Practice Sessions.
- We acknowledge the complexities and challenges in supporting a woman who is subjected to domestic abuse and using substances. Therefore, we would like to offer an open space to anyone who has completed DAVINA training to join together and share knowledge. We will come together quarterly to develop and share expertise and improve skills.
- Once you agree to be on the DAVINA Community of Practice mailing list, we will send you invite details to the **Online Zoom Session** which will be held quarterly from September/October 2025. Exact date TBC.





# FAQs

**CPD:** Eligible for 6 CPD Credits

**Number of Participants:** Maximum 15 Minimum 9

## Fees:

- Organisation within Dublin: €350
- Organisation Outside Dublin: €450
- Individual for an open training session: €60 per person.
- Costs include travel expenses

## Venue:

- Organisations are expected to provide their own venue for the training.
- If none is available, SAOL can source a venue but this will incur an additional cost.

## Lunch:

- We ask that lunch is provided to all attending the training including facilitators. This saves time and promotes sense of care for learners.
- SAOL will provide lunch and venue for any open training day session.

## Contact

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