# JOB DESCRIPTION NOVAS

Job Title:	Health & Wellbeing Worker Dublin Services	Post Holder:	Vacant
Reports To:	Senior Health and Recovery Manager	Location:	Dublin
Salary:	This role is attached to a defined salary scale which ranges from €37,880 to €46,570 and appointments are made depending on experience.		

### Purpose of the Job

The role of Health & Wellbeing Worker is vital to the successful delivery of quality programmes and services in NOVAS for our clients or tenants.

The Health & Wellbeing Worker will support the clients of the Dublin Supported Temporary Accommodation (STA) services within the authority delegated from the Senior Health and Recovery Services Manager.

The Health & Wellbeing Worker is responsible for delivery of bespoke mental health and addiction support services, supporting NOVAS clients with complex needs as part of the Health and Recovery services.

The Health & Wellbeing Worker will report to the Senior Health and Recovery Services Manager, will be a member of, and work collaboratively with, the Dublin STA services. The role will require travel as needed, to other locations where NOVAS services are located. This role requires some element of flexibility and adaptability, and the post holder is responding to and deal with emergencies but the usual roster for this role is 9am to 5pm, Monday to Friday.

The Health & Wellbeing Worker will have a minimum of Level 7 Ordinary Degree or higher (National Framework of Qualifications) in Social Care or another allied health profession. Registration as a Social Care Worker with CORU will also be considered and be expected to work within the relevant frameworks of quality standards or legislation.

This job description is a guide to the general range of duties assigned to the post holder. It is intended to be neither definitive nor restrictive and is subject to periodic review.

### Environment of the Job



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NOVAS is a not for profit organisation and Approved Housing Body, we work with single adults, couples and families who are homeless or at risk of being homeless. We provide a range of services and accommodation. Our first service was established in Dublin in 2002 which was a temporary low-threshold emergency homeless accommodation and we have grown from there. We now have over 300 staff, and more than 30 services in Limerick, Dublin, Clare, Kerry, Cork and Tipperary including emergency homeless accommodation, transitional homeless accommodation, social housing and community based services for tenancy sustainment, homelessness prevention, mental health and recovery.

NOVAS is a Trauma Informed Practice organisation and the principles of collaboration, diversity, respect and trust are embedded in our way of working together.

Our services are provided through support of our partners in local government through the Local Authorities, HSE, and other donors and funders.

### Delegation and Reporting

The Health & Wellbeing Worker has decision-making remit for the areas of supporting clients with complex needs in collaboration with colleagues within Novas and the Health and Recovery Team & Manager. In the absence of, or at times, the Health and Wellbeing Worker may be required to consult with, and take direction from Head of Operations or CEO.

Oversight for the work in this role is provided by the Quality Client Sub Committee of the NOVAS Board of Directors.

The Health & Wellbeing Worker will at all times operate in a professional and respectful manner, maintaining high quality standards of work in in accordance with the values and mission of NOVAS. Their decision making will at all times be informed by the best interests of the clients and tenants and ensuring cost effective value for money, use of donations and public money.

#### Challenges



The nature of our work involves supporting the most vulnerable people who often have complex needs and may be survivors of trauma. As a result, during the course of your work you may engage with sensitive and confidential matters that require empathy, compassion and pragmatism. You may also encounter clients or tenants who are in distress, displaying challenging behaviours or struggling to moderate their behaviour. Patience, respect and an ability to remain professional and focused on deescalating is essential. Further training will be provided in Trauma Informed Practice or Crisis Prevention.

As an organisation that is largely funded by public money, effective use of resources is a continuous focus and challenge.

Key Accountabilit	ies	
Accountability	Achieved by	
Client Care and	• To work within a Health and Recovery Team, separate from but	
Support	attached to the Dublin STA services and part of the wider	
	NOVAS Therapeutic Support Team.	
	To approach clients at all times with dignity and respect and	
	ensure they are provided with choices around the services	
	they receive.	
	• To work closely with the team of the low threshold	
	accommodation facilities, including keyworkers, to assist in	
	individualised care planning to ensure clients receive	
	appropriate and ongoing health care in terms of their co-	
	occurring mental health and substance use.	
	• To offer tailored one-to-one support in the areas of mental	
	health, substance use, overdose prevention, violence, self-	
	harm, suicidality and sexual and emotional trauma.	
	• To facilitate and deliver peer led training in the areas of Trauma	
	Informed Practice and overdose prevention.	
	• To co-develop and co-facilitate groups to provide support and	
	psychoeducation to clients, appropriate to their needs and	
	strengths.	
	• To work using a trauma informed, strengths based approach.	

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	• To deal with difficult or problematic situations in a sensitive
	manner and within the framework of the organisation's policies
	and procedures
	• To be involved with the preparation of reports, statistics and
	other information
	• To facilitate effective team work and maintain good channels of
	communication
	<ul> <li>To work at other locations as and when required.</li> </ul>
	To be aware of child protection issues and correct reporting
	procedures.
	• To adhere to all policies and procedures, particularly in relation
	to child protection, safeguarding vulnerable adults,
	confidentiality, finance, personal safety and customer care.
	To promote client participation by providing information,
	advice and choices to enable individuals to participate fully in
	daily decisions relating to them.
	To assist clients in providing feedback on services through
	meetings, the complaints procedures, suggestions and use of
	questionnaires.
	<ul> <li>To be accessible and responsive at all times to clients'</li> </ul>
	questions, concerns and requests for information.
	To keep accurate, up to date, factual client records via the
	NOVAS and funders recording platforms. (Salesforce & PASS)
	To assist clients in gaining access to their personal files in
	accordance with procedures.
	To promote and implement the principles of customer care.
	• To be aware of and adhere to all relevant financial procedures
Financial	and regulations of the organisation and to report any
Responsibilities	discrepancies either on the part of the post-holder or others to
	your manager immediately
	• To facilitate clients to access local services such as medical,
Liaison	therapeutic, welfare, training, education and employment and
	to advocate on their behalf.
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Supervision, Support & Development	<ul> <li>To maintain positive and mutually beneficial relationships with relevant external agencies.</li> <li>To attend training, meetings, case conferences and external meetings as required.</li> <li>To promote the work of NOVAS to other organisations.</li> <li>To attend internal and external meetings where appropriate and as requested.</li> <li>To be accountable for your workload and movements to both your line manager and the appropriate senior managers.</li> <li>Engaging in regular supervision or one-to-one sessions with your line manager.</li> <li>Working under the direction of your line manager and the wider management team.</li> <li>Working to help the organisation achieve the aims and objectives of the strategic plan in line with our values and mission.</li> <li>Participating in team meetings.</li> <li>Familiarity and compliance with all relevant policies and standards.</li> </ul>
Health & Safety	<ul> <li>Participation in relevant and required training events.</li> <li>Attention to your own Health &amp; Safety in the workplace.</li> <li>Vigilance of health &amp; safety hazards and timely reporting of same to your line manager.</li> <li>Managing incidents and accidents in accordance with policies and procedures.</li> <li>Ability to recognise and administer basic First Aid to clients as required. This includes CPR and Naloxone administration. Mandatory Training will be provided.</li> <li>Adhere to all the principals of manual handling.</li> <li>Adherence to all infection prevention control measures and compliance to all guidance in relation to IPC.</li> </ul>

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Tufoundian	Ensure data and personal information relating to clients,
Information	tenants, staff and other members of the organisation is kept
Management	safe and secure using the correct systems and procedures, is
	collected for legitimate purposes and is safely destroyed when
	appropriate.

### Person Specification

#### **Essential** Criteria

Documentary evidence of qualifications and eligibility will be confirmed at the end of any recruitment process, candidates who do not possess the essential requirements, on the date of application will not be offered a position. It is the responsibility of the applicant to ensure they meet the essential criteria of the person specification.

The appropriate candidate will have:

- A minimum of Level 7 Ordinary Degree or higher (National Framework of Qualifications) in Social Care or another allied health profession. Registration as a Social Care Worker with CORU will also be considered.
- Experience of working with single homeless people, substance users, people experiencing poor mental health and/or other socially marginalised groups.
- A thorough knowledge of and a commitment to working in the area of Health and Recovery, an understanding of the complex needs of clients that present with Dual Diagnosis and Co Morbid needs.
- Full driving license and use of own vehicle
- Garda Vetting / Criminal Record Self Declaration will be sought for this role.

### Desirable Criteria

It would be an advantage for the candidate to have:



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- Experience working on own initiative, lone working, managing one's own caseload and time management.
- Knowledge of statutory and voluntary social care services and systems.
- Experience of working in, or a strong interest in the charity or not-for-profit.



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### **NOVAS Employment Benefits**

NOVAS is committed to attracting and retaining the best talent in service of our clients and tenants and values the hard work and commitment of our staff.

Detailed below are a range of benefits you receive as a NOVAS employee.

	Every employee will have regular planned one-to-one meetings
Support &	with their line manager as well as Team Meetings and Monthly All
Supervision	Staff Town Hall meetings in order to ensure you are connected to,
	and supported by your colleagues and the organisation.
	NOVAS will fully fund a wide range of training programmes
Learning &	required role specific including First Aid, Fire Safety, Manual
Development	Handling, Trauma Informed Practice.
	NOVAS believes in supporting the development and career path
Career	for our staff to develop skills for role changes, Leadership
Progression	Preparation and Management Development.
	NOVAS has defined salary scales and has committed to awarding
Salary Scales	annual increments to staff depending on sustained funding.
Annual Leave	26 Days annual leave plus bank holidays.
Donaion	A direct contribution pension with a 5% employer and employee
Pension	contribution totalling 10%.
Employee	Our Employee Assistance Programme provided by Inspire
Assistance	Wellbeing gives staff access to free confidential counselling and a
Programme	suite of online mental health and wellness tools.
Further	With the help of your line manager you can apply for financial
Education	support, study leave or exam leave days to complete external
Support	professional qualifications to help further your career.
Sick Pay	2 Weeks full and 2 weeks half sick pay certified.
Maternity Leave	18 weeks full pay which can be pro rata across duration.

