

Social Prescribing Link Worker – Maternity Leave

Job purpose : To maintain the service, covering maternity leave

The ultimate **aim of the social prescribing link worker** is to connect people to community groups, organisations and statutory services for practical and emotional support with the overall purpose of improving health and wellbeing and improving social support. Social prescribing link workers support existing groups to be accessible and sustainable and working collaboratively with all local partners, identify gaps and needs regarding particular groups or interests. Referrals to the social prescribing link worker come from various sources, including for example GPs, primary care teams, community mental health teams, community dieticians and older people's services and the community and voluntary sector organisation as well as self-referral. Social prescribing can help to strengthen community resilience and personal resilience and reduces health inequalities by addressing the wider determinants of health, such as debt, poor housing and physical inactivity, by increasing people's active involvement with their local communities. It particularly works for people with long-term conditions (including support for mental health), for people who are lonely or isolated, or have complex social needs which affect their wellbeing.

Clonmel Community Resource Centre is a “not for profit” charitable organisation which provides a base for community activity, provides family support, delivers a community based childcare service and responds collaboratively to emerging needs in the community.

The Social Prescribing link worker will be part of a vibrant team who will be committed to the vision and ethos of the organisation for the benefit of the community.

Principal duties and responsibilities

Work on a one-to-one basis with individuals to improve health and wellbeing

- Work with individuals on a one-to-one basis, complete needs assessment and co-produce a plan to improve health and wellbeing through social prescribing.

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Directors: Ann Deady, Cora Gentles, Kay Quirke Bowe, Ita Horan, Eileen Graham, Mark Hanratty

- Provide non-judgemental support, respecting diversity and lifestyle choices working from a strength-based approach.
- Book appointments with individuals, meet them personally, follow-up cases and manage case load remaining as a point of contact and support throughout the individual's social prescription.
- Support and encourage individuals to access appropriate services in their community. Where appropriate, physically introduce people to community groups, activities and statutory services, ensuring they are comfortable. Follow up to ensure they are happy, able to engage, included and receiving good support.

Work in partnership with health professionals and the Community and voluntary sector

- Develop supportive relationships with local community organisations, community groups and statutory services, to make timely, appropriate and supported referrals for the person being introduced.

Monitoring and evaluation

- Work sensitively with clients to administer evaluation tools in order to capture key information, enabling tracking of the impact of social prescribing on participant health and wellbeing and other outcomes measures.
- Document and report case notes and social prescriptions in online Social prescribing software.
- Populate and maintain social prescribing software.

Financial

Maintain the project within the budget given for Social Prescribing and provide all receipts and invoices to the Manager for approval and subsequent payment in a timely manner.

Terms and conditions of employment

Location: Clonmel Community Resource Centre, Kickham Street, Clonmel, Co Tipperary

Remuneration €23 per hour x 22.5 hrs per week

Pension: This post is not pensionable

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Contract type: Fixed term to cover maternity leave

Probationary period : 1 month

Annual Leave calculated on a pro rata basis based on a full time equivalent of 22 days per annum

Concession day Xmas eve 24th December 2025

Short listing will apply according to criteria specified

Garda Vetting is mandatory

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