

Rutland Centre: Detox Nurse



Job Title: Detox Nurse

Location: Knocklyon, Dublin 16

Reports to: Head of Clinical Services

Hours: Day, Night and Weekend hours available. Full and Part-time roles available.

Job Type: 2year fixed term contract.

Salary: Competitive Salary.

Purpose: To work as part of the Rutland MDT in supporting clients in our inpatient alcohol and cocaine detoxification unit. Ensuring clinical observations are carried out periodically, medications are dispensed correctly, overseeing medication stock, liaising with Rutland GP regarding titration for clients, supporting clients psychologically as they progress through their detox, providing psychoeducational information to clients and other staff as regards detox processes, liaising with MDT re progression into rehabilitation unit, and processing client detox admissions.

Contact Email: emmakavanagh@rutlandcentre.ie

The Rutland Centre is a leading addiction treatment centre providing in-patient, out-patient and aftercare services to men and women with addiction issues and their families. Established in 1978, Rutland has grown into one of the largest and most respected addiction treatment centres in Ireland. Our work in addiction treatment and rehabilitation is based on solid scientific research and exacting client follow ups.

We now have a vacancy for a **Detox Nurse** to join our experienced team. The successful candidate(s) will report to the Head of Clinical Services and will work in our new detoxification unit, co-located with our exiting and well established Rehabilitation program.

Role Responsibilities: (Include, but not limited to)

- To work with the detox team, conducting nursing assessment for individuals seeking detoxification for alcohol and/ or cocaine.
- To admit new patients into the detox unit, and liaise with Rutland GP as regards their presentation and titration needs as well as ensuring all the appropriate entry criteria are met and relevant documentation (meds, forms, etc) are presented

- To support clients in the detox unit by carrying out regular nursing observations and recoding same, requesting self report withdrawal assessments from clients and recording same on client file, and administering prescribed medications to clients.
- To support clients psychologically as they go through their detox process, and provide them with appropriate information/ psychoed as regards the process.
- To provide regular feedback to Rutland GP as regards client's progress during detox progress, flagging any areas of concern promptly.
- To support the Rutland MDT in the daily management of the detox unit, ensuring the environment is safe and conducive to recovery.
- To engage in handover meeting at every shift change, detailing pertinent details both verbally and in written form via client's own clinical record.
- To take good quality nursing notes, and to store appropriately on CRM system.
- To liaise with other stakeholders as appropriate, eg Rutland rehabilitation team, Rutland assessment and admissions team, client's community GP, client's community mental health team. All in the service of supporting clients in meeting entry criteria, and ensuring good progression post detox.
- To attend weekly CRM meeting with relevant stakeholders chaired by Head of Clinical Services, providing information regarding current clients and upcoming admissions.
- To treat clients with dignity and respect at all times in order to promote and motivate clients towards full recovery, while working within the Rutland code of ethics as well as the overall values of Rutland.
- Comply with all Health and Safety regulations and standard operating procedures relating to fire procedures, maintenance, critical incidents, safety for staff, etc. to ensure the effective safety and well-being of all clients and staff.
- Work within the policies of Rutland Centre in order to ensure that a consistent delivery of service, quality standards and best practice are adhered to at all times.

Person Specification

Education

Essential

- Third Level qualification in Nursing.
- Registered with the Nursing and Midwifery Board of Ireland.

Experience

Essential

- Experience of working within an MDT framework.
- Evidence of commitment to ongoing Continuous Professional Development.
- Demonstratable experience of working flexibly.
- Experience working with vulnerable/ complex cohorts.

Desirable

- Experience in working with addiction desirable.
- Experience in working with mental health desirable
- Familiarity with various models of rehabilitation and recovery approaches desirable.

Knowledge & Skills

- Has excellent communication and listening skills.
- Enjoys working with people, is approachable, and demonstrates warm and friendly mannerisms.
- Is clear and explicit about professional and personal boundaries.
- Strong interpersonal skills
- Clear written and verbal communication skills
- High IT literacy skills.
- Have a “can do” attitude and a positive solution focused approach to problem solving and conflict resolution.
- Uses assertive behaviour, demonstrating dignity and respect for self and others at all times.
- Understanding of mental health issues including mood disorders, anxiety disorders and trauma.
- Is open to appropriate challenges and confrontation from clients at the required time and place and is open to feedback and appraisal from colleagues and management.
- Have capacity to work with family members affected by client’s addiction, and able to hold the boundaries working within this complex dynamic.

Application Process:

Interested candidates who meet the Person Specification requirements should send their CV & cover letter to Emma Kavanagh, Head of Clinical Services, at emmakavanagh@rutlandcentre.ie

The closing date for applications is **5pm Friday 20th June 2025**.