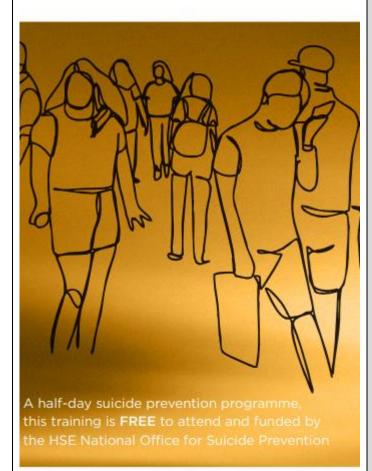
## **BECOME SUICIDE ALERT!**





# Suicide Alertness for Everyone



Learn four basic steps to recognise when people have thoughts of suicide and to connect them to suicide first aid resources

# **SafeTALK**

# Location:

REC, Kells Road, Ardee, Co. Louth.

# Date:

Wednesday 28th May 2025

## Time:

10am - 1.30pm

#### Four basic steps

Learn four basic steps to recognise when people have thoughts of suicide and to connect them to suicide first aid resources.

SafeTALK 'suicide alertness for everyone' prepares participants to identify persons with thoughts of suicide and connect them to suicide first aid resources.

This training is suitable for anyone over the age of 18.

Training is free of charge

Booking is essential.

#### **BOOK HERE**

Use the QR code below



visit www.nosp.ie/training or email: admin@breakingthrough.org