



**The School of Psychotherapy
St. Vincent's University Hospital, Elm Park, Dublin 4**

Have you ever sat in a group and wondered what is going on?

FOUNDATION COURSE in GROUP ANALYSIS 2024

Weekend Training Programme

We are often at a loss as to what might be going on in the dynamics of groups, especially when difficulties arise as they always do! This **one-year course** is open to people who are interested in deepening their understanding of group dynamics in both personal and professional settings, and learning about the potential applications of group analysis in clinical and/or organisational contexts. The Foundation Course is also the first step in the requirement towards the clinical training in Group Analytic Psychotherapy.

Drawing on theories of founding pioneer in Group Analysis, S.H. Foulkes, who was always of the view that individuals can only be understood in the context of their groups, this experiential foundation training develops an in-depth understanding of how group dynamics influence the individual and how the individual's dynamics influence the group. The training also explores the 'unconscious' dynamics in groups.

This well regarded and long running training programme is offered in block format over nine weekends from **September 2024 - June 2025**

The main elements of the programme are experiential, both in small and large groups and also through theory, work discussion and case study groups.

If you are interested in finding out more, [information briefings](#) will be held [via ZOOM and in- person](#) from the School of Psychotherapy, St. Vincent's University Hospital, Elm Park, Dublin 4 in association with UCD School of Medicine Psychotherapy Programmes on:

- **Wednesday 20th March 2024 6.30pm – 8pm (Zoom)**
- **Thursday 18th April 2024: 630pm – 8pm The School of Psychotherapy, St. Vincent's University Hospital, Elm Park, Dublin 4 (in person)**
- **Wednesday 15th May 2024 630pm – 8pm (Zoom)**
- **Wednesday 29th May 2024 630pm – 8pm (Zoom)**

For [further enquiries](#) or to [register your interest and receive a link](#) to these events please contact Niamh Dennehy, School of Psychotherapy Administrator at info@tsop.ie

Closing Date for Course Applications: Friday 7th June 2024



Additional information: www.tsop.ie and
<https://www.ucd.ie/medicine/studywithus/graduate/psychotherapy/mscingroupanalyticpsychotherapy/>