

Trustus Senior Care

HOME CARE ASSISTANT

Job Title: Home Care Assistant

Reports to: Senior Home Care Manager

Contract Type: Flexible hours including weekend work

Purpose

A professional Home Care Assistant is a trained non-medical professional that looks after a person, or persons, in their own home with the primary role being to improve their quality of care. Home Care Assistants typically work with older adults, children, people with disabilities, and the chronically ill and are responsible for providing appropriate household and personal care as part of an overall care Home Care Package / Home Help plan.

Main Duties

Looking after the most vulnerable people in society is a pivotal role in health and social care, maximising their quality of life in the face of illness and disability. The main duties include:

- To attend to client needs, primarily in their own home.
- To carry out a range of care tasks for clients as indicated on the Home Care Plan and as directed by your Manager. These tasks include personal care, light household care, and social care, as follows:
 - Personal Care tasks include (but are not limited to) bathing, toileting, continence wear change, assisting with personal hygiene, dressing and feeding.
 - Practical Light Household Care tasks include (but are not limited to) making meals, tidying, and hovering.
 - Social Care tasks include (but are not limited to) conversation, friendship, support, and letter writing.
- To prompt clients to take their medication.
- To provide relief care for a fellow HCA as required.
- To be aware of the changing needs of a client and to report these to your Manager.
- To maintain written records of clients visited and care provided.
- To undertake the necessary training as mandated by the HSE.
- To attend and participate in individual, team and Company training and meetings as required.
- To participate in formal and informal individual, team and group supervision as required.
- To observe / comply with all aspects of the Company's Health and Safety policies and procedures.
- To ensure that client services are delivered by working within a flexible team rota.
- To comply with Company policies and procedures, as laid out in the Employee Handbook, Health & Safety Statement and operating procedures/guidelines.

Competencies

Home Care Assistants are required to adhere to proper professional standards and to maintain a sensitive and caring approach to their work, bearing in mind the need to preserve the health, safety and dignity of the individual service user at all times.

- Caring and empathetic nature.
- Ability to work independently or as part of a team.
- Good communicator.
- Ability to abide by a duty of confidentiality.
- Passion for helping those in need that makes the real difference.

Essential Requirements

- QQI/Fetac Level 5 Care Skills and Care of the Elderly Modules with a commitment to complete the full QQI / Fetac Level 5 in Healthcare within 12 months of commencement of employment.
- Fluent English.
- Ability to work evenings, weekends and bank holidays.
- Previous experience in caring in the home setting.

General

- We offer a competitive rate of pay, commensurate with experience, and a highly supportive work environment, working alongside a team of experienced carers.
- The positions are based in the Tallaght area.
- For more information, call 014685500
- Email your application to info@trustus.ie or by post to Trustus Senior Care CLG, 1-2 Main Street, Tallaght, Dublin 24 and postmarked no later than 13/9/22.
- **Closing date for receipt of applications is 5pm on Tuesday 13th September**
- **Interviews will take place on Friday 16th September**
- Short listing may apply
- Position will be offered to the successful candidate subject to the completion of a satisfactory Garda Vetting and References.

Trustus Senior Care is an equal opportunities employer

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