

Here's how:

Contact the INOU Training Section on 089-4450204 / 089-4222756.

Alternatively, via email on training3@inou.ie or training4@inou.ie for further information and details on how to register for the programme.

Once registered for Shaping Futures you will be invited to a workshop in our offices.

The workshop will give you a better sense of Shaping Futures and allow you to determine if the course is right for you.

Following the workshop everyone will be invited to an informal interview.

- ETB training allowances (including transport, meals and childcare) are available to participants on Shaping Futures.
- Participation in Shaping Futures should not affect your social welfare payments.

Shaping Futures

The Shaping Futures programme is a QQI accredited programme with participants working towards a level 4 major award in Employment Skills.

This course includes workplace internships which will draw on participant's life experiences.



For further information, contact:

Irish National Organisation of the Unemployed.

Phone: 089-4450204 / 089-4222756

Email: training3@inou.ie (Michelle)
training4@inou.ie (Sinead)

Web: www.inou.ie



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SHAPING FUTURES



Are you looking to take the next steps to developing a career?

If so the INOU are offering an exciting QQI level 4 Employment Skills programme designed to help participants develop a career using their life experience and skills.





Participant criteria:

Are you...

- Experiencing unemployment?
- In receipt of a social welfare payment?
- In and out of work regularly?
- Moving on from a scheme (C.E., J.I., C.S.P. or similar)?

AND

Do you...

- Have good communication skills?
- Reasonable literacy and I.T. skills?
- Like working with people?
- Speak English fluently?

If so, please contact Michelle or Sinead as we would love to hear from you.

Shaping Futures modules:

This course will cover a range of level 4 QQI modules resulting in a level 4 major award in Employment Skills.

Modules will include:

LEVEL 4
Communications
Career Planning
Understanding Interculturalism
Personal Effectiveness
Team Working
Work Experience
Functional Mathematics
Workplace Safety
Digital Media Skills

Shaping Futures is a yearlong full time programme starting in September. The course runs from Monday to Friday 10am – 4.30pm. The programme will be delivered in Dublin city centre.

Internships:

An important part of the course will be a meaningful workplace internship. This will provide you with an opportunity to develop the core skills required to work in your desired area in.

Progression:

Completion of Shaping Futures will offer participants the opportunity to explore employment and further education.

