

## **Mid West ARIES: Online Workshop Timetable - April 2023** **(<https://www.activelink.ie/node/98701>)**

Mid West Recovery Education Service (ARIES) are delighted to announce our free April 2023 online schedule.

Mid West ARIES aims to provide the Mid West Region with an inspirational and inclusive educational programme on recovery and well-being in mental health.

Our free courses are for anyone aged 18+ with an interest in recovery and mental health. The topics of the courses are created and delivered by people with lived experience, family members and staff working within the mental health services. This is called co-production and means that everyone has a say in what goes into the courses.

**Places can be booked through the link: <https://midwestaries.eventbrite.ie> (<https://scanner.topsec.com/?d=2120&r=show&u=https%3A%2F%2Fmidwestaries.eventbrite.ie%2F&t=c92200045193f19f88aa12463c3ee607e9d85f2c>) or by email or phone. (Contact details on the attached documents)**

Please do not hesitate to contact us at Mid West ARIES if you require any further information or visit our website at <https://hse.ie/mwaries> (<https://hse.ie/mwaries>) or find us on social media @MidWestARIES

### **Region**

Online

[Book your free place \(https://midwestaries.eventbrite.ie\)](https://midwestaries.eventbrite.ie)

### **Date Entered/Updated**

15th Mar, 2023

### **Expiry Date**

25th Apr, 2023

### **Attachment**

### **Size**

[mwa-april-online-timetable-2023.pdf](#)

235.92  
KB

[mental-health-stigma-webinar-poster\\_.pdf](#)

106.31  
KB

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**Source URL:** <https://www.activelink.ie/community-exchange/training/98701-mid-west-aries-online-workshop-timetable-april-2023>