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## **The Soar Foundation (<https://www.activelink.ie/node/92936>)**

Soar is a collective movement which believes that there is greatness within all young people. We act on this by creating and delivering early intervention, character development workshops for young people aged 13 to 18 years from all backgrounds. Our workshops empower young people to thrive, believe in themselves and fulfill their true potential. Within a supportive environment, they are given the opportunity to be themselves and explore any challenges that hold them back from doing so. We have worked with over **47,000 young people** since 2012 and we're just getting started!

Soar was founded in 2012 by Tony Griffin and Karl Swan. They were inspired by the work of Jim Stynes and The Reach Foundation in Melbourne Australia having seen the documentary "Every Heart Beats True: The Jim Stynes Story".

In October 2012, Soar was recognised as an award winning organisation in achieving the Social Entrepreneurs Ireland Impact Award. This success in the first year was vital in building the foundations of the Soar you see today. Soar is now led by a high performing Board of Directors and a tribe of wildly enthusiastic staff, facilitators and volunteers who care deeply about young people.

### **Contact Info**

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