

Kiss Goodbye to MS - May 50K **(<https://www.activelink.ie/node/81343>)**



THE MAY 50K

Register for The May 50K Today! **(<https://www.themay50k.com/event/ireland/home>)**

There are over 9,000 people in Ireland living with multiple sclerosis. It's our mission to leave MS where it belongs, behind us. So, this year, MS Ireland has teamed up with the MS International Federation for The May 50K.

WALK OR RUN 50 KILOMETRES IN MAY WHILST FUNDRAISING FOR LIFE-CHANGING RESEARCH INTO MULTIPLE SCLEROSIS, IMPROVING ACCESS TO TREATMENTS AND SUPPORTING PEOPLE LIVING WITH MS IN IRELAND.

Wherever you live, whatever your fitness level, you can decide when and where you will complete your 50 kilometres.

Every step you take, every kilometre you clock, helps people get access to the treatment they need today and takes us closer to finding a cure for MS.

You can do it by yourself, or as part of a virtual team with friends, family or work colleagues.

Together we will change the future of MS and leave MS where it belongs, behind us.

NOW, MORE THAN EVER

With restrictions on movement to keep everybody safe it is vital that you stay healthy. Thankfully, even at this time The May 50K is a great way to stay fit and help fund life-changing MS research and work to improve access to treatments and support people living with MS in Ireland.

As a virtual fitness and fundraising challenge it can be completed anywhere – on your own in your local area and even in your home. It's important that we stay fit and healthy during this time so sign up now and help raise funds for MS Ireland and the MS International Federation.

Keep your distance and run the distance!

<https://www.themay50k.com/event/ireland/home> (<https://www.themay50k.com/event/ireland/home>)

Region

Nationwide

REGISTER NOW (<https://www.themay50k.com/event/ireland/home>)

Date Entered/Updated

21st Apr, 2021

Expiry Date

30th May, 2021

Source URL: <https://www.activelink.ie/community-exchange/fundraisers/81343-kiss-goodbye-to-ms-may-50k>