

City Colleges' Spring 2021 Diploma Courses

(<https://www.activelink.ie/node/81029>)

City Colleges offers a number of exciting diplomas in Psychology, Criminology, Law, Arts, Digital Marketing and Event Management. The programmes offer industry-related education and training using a student centric approach, with lecturers, facilities and course materials of the highest quality. Lectures are delivered from two venues in Dublin (City Centre, Dublin 2 and Dundrum, Dublin 16) and online. 10% discount with #ACTIVEINKA21 code.

Diploma in Applied Behaviour Analysis (Autism and Related Conditions) (<https://citycolleges.ie/courses/aba-diploma-applied-behaviour-analysis/>)

Location: Dublin & Online

Start date: Monday, 26 April

The aim of this course is to give students an understanding of the practical applications of the principles of Applied Behaviour Analysis (ABA) with particular attention paid to persons with autism, intellectual and developmental disabilities, children and adolescents in care, and persons presenting with learning and/or behavioural challenges in school. This intensive course provides training in ABA for complete beginner's as well as those with some experience who wish to develop their knowledge and understanding of behavioural approaches. Upon completion students will have a greater understanding of the principles of ABA and how to apply them, how to determine the function of a challenging behaviour and how to design behavioural interventions to both decrease and increase behaviour as necessary. A main goal of the course is to give students the tools needed to improve the quality of life of others in a meaningful way.

Diploma in Addiction Studies

(<https://citycolleges.ie/courses/diploma-in-addiction-studies/>)

Location: Dublin & Online

Start date: Monday, 26 April

This course gives a comprehensive overview of current thinking and practice in the area of addictive behaviours and substance use/abuse. It focuses on the historical evolution of the various conceptualisations of addiction, the underlying causes attributed to the development and maintenance of addictive behaviours, models for understanding patterns of addiction and the treatments of addiction associated with those models. It further addresses the impact of addictive behaviours on society in terms of health, culture and criminality, paying particular attention to the Irish context.

Diploma in Cognitive Behavioural Therapy

(<https://citycolleges.ie/courses/diploma-cognitive-behavioural-therapy/>)

Location: Dublin & Online

Start date: Tuesday, 27 April

This course presents student with a sound – and practice-focused – introduction to this modern and evidence-based treatment approach for a variety of psychological problems. CBT seeks to examine and challenge clients with the manner in which their thoughts, beliefs, and attitudes to various events and circumstances negatively affects their mood and behaviour.

Diploma in Criminology & Criminal Psychology

(<https://citycolleges.ie/courses/diploma-in-criminology-forensic-psychology/>)

Location: Dublin & Online

Start date: Thursday, 29 April

The purpose of the Diploma in Criminology & Criminal Psychology programme is to equip learners with a basic understanding of the fields of Criminology and Criminal Psychology from a historical, contemporary and progressive perspective. In addition, fundamental psychological concepts will be considered, including Personality Disorders, Learning Theory and Social Psychology.

[Diploma in Mindfulness \(https://citycolleges.ie/courses/diploma-in-mindfulness-and-well-being/\)](https://citycolleges.ie/courses/diploma-in-mindfulness-and-well-being/)

Location: Dublin

Start date: Wednesday, 28 April

The Diploma in Mindfulness Studies at City Colleges is offered as both a theoretical and practical introduction to mindfulness practice and to the rapidly growing field of mindfulness-based approaches used in healthcare, science and in wider society.

[Diploma in Counselling Psychology \(https://citycolleges.ie/courses/diploma-in-counselling-psychology/\)](https://citycolleges.ie/courses/diploma-in-counselling-psychology/)

Location: Dublin & Online

Start date: Thursday, 29 April

The Diploma in Counselling Psychology at City Colleges aims to introduce students to the main theories, strategies, and skills of counselling psychology. Theories covered are derived from the three main basic therapeutic frameworks; humanistic, psychodynamic, and cognitive-behavioural. Students will graduate with a sound basic understanding of these three main schools and specific examples of each from a theoretical perspective. Attention will also be paid to broad differences between counselling psychology and related professions such as counselling, psychotherapy, psychoanalysis, etc. Basic skills training will also be covered. Finally, students will gain experience of research through a project to be completed within one month of completion of lectures.

[Diploma in Social Care Studies \(https://citycolleges.ie/courses/diploma-in-social-care-studies/\)](https://citycolleges.ie/courses/diploma-in-social-care-studies/)

Location: Dublin & Online

Start date: Thursday, 29 April

This Diploma was developed in response to the continuing education needs of professionals in social and community settings in Ireland. In the context of professionalization of social care work, this course reflects the area of social care in Ireland from two perspectives: Psychological Aspect of Social Care and Contemporary Social Care Practice in Ireland. The course is designed primarily to meet the needs of employees of the industry that have practical experience in statutory, voluntary and private service and settings including independent and residential services for individuals with disabilities, residential and aftercare services for children, homeless services, services for older people and community support services. The aim of the Diploma is to educate reflective practitioners who can continue to learn and develop their professional knowledge, interpersonal skills and self awareness appropriate for careers in social care.

[Diploma in Psychology \(https://citycolleges.ie/courses/diploma-in-psychology/\)](https://citycolleges.ie/courses/diploma-in-psychology/)

Location: Dublin & Online

Start date: Monday, 26 April

This course aims to introduce students to the main topics often taught on modern psychology courses. These topics include developmental and lifespan psychology, cognitive psychology, social psychology, biological basis of behaviour, personality theory and individual differences, abnormal psychology, research design and methods, and psychological therapies. Students will also gain experience of research through a project to be completed within one month of completion of lectures. The focus of the Diploma is theoretical although discussion and practical examples of relevance will be discussed throughout. Graduates will possess a broad, basic understanding of modern psychology following completion of the Diploma. They may use such learning to decide if further studies in psychology would be of interest to them. Alternatively, students may simply complete the Diploma out of interest regarding the manner in which modern psychology aims to investigate and better understand the human mind and behaviour.

Diploma in Bullying Behaviours

(<https://citycolleges.ie/courses/diploma-bullying-behaviours/>)

Location: Dublin & Online

Start date: Wednesday, 28 April

This module looks at the phenomenon of bullying and examines it from multiple perspectives including current thinking on the various causes of bullying, bullying in a number of different social contexts (across the lifespan) with a particular focus on school and workplace bullying, and an analysis of bullying from the perspective of applied social psychology. The module also considers bullying from a philosophical perspective, utilizing Foucauldian conceptualisations of power to understand bullying in different contexts. The module will address practical means of addressing bullying in interpersonal, dyadic, familial, institutional and cultural systems and will discuss approaches to challenging the power imbalances implicit in bullying relationships.

It is envisioned that this course will be of benefit to anyone working with children and adolescents in any setting. It offers insights into how bullying may operate 'below the radar' in large institutions i.e. the Guards, Health service, the military, Schools etc.

Diploma in Child & Parenting Psychology

(<https://citycolleges.ie/courses/diploma-in-child-parenting-psychology/>)

Location: Dublin & Online

Start date: Wednesday, 28 April

This course will help parents understand how to raise happy and healthy, well-adjusted children who are resistant to mental health difficulties. It is for parents, teachers and others interested in the development of children and adolescents.

You will learn how best to raise a child to have positive mental health, good social and emotional intelligence and how best to meet the needs of those children experiencing difficulties in these areas.

Diploma in the Psychology of Retail & Consumer Behaviour

(<https://citycolleges.ie/courses/diploma-psychology-consumer-behaviour/>)

Location: Dublin & Online

Start date: Wednesday, 28 April

The subject takes elements from psychology, sociology, social anthropology, marketing and economics, especially behavioural economics. It examines how emotions, attitudes and preferences affect buying behaviour.

Kahle, Minton et al, consider the characteristics of individual consumers such as demographics, personality lifestyles and behavioural variables such as usage rates, usage occasion, loyalty, brand advocacy, willingness to provide referrals, in an attempt to understand people's wants and consumption are all investigated in formal studies of consumer behaviour. The study of consumer behaviour also investigates the influences, on the consumer, from groups such as family, friends, sports, reference groups, and society in general.

There are various types of marketing mix decisions examined on this Diploma and each one focuses on a type of decision (e.g., pricing, advertising, creating experiences). Within this context the course we then consider psychological principles that predict how consumers typically respond to different decisions the marketer could take.

Diploma in Child & Developmental Psychology

(<https://citycolleges.ie/courses/diploma-child-and-developmental-psychology/>)

Location: Dublin & Online

Start date: Wednesday, 28 April

Child and Developmental Psychology is the study of the factors involved with change and development throughout life. The Diploma in Child and Developmental Psychology aims to introduce students to key theories and research, in this area.

Students will explore key theories and research in Cognitive, social, emotional, and personality development, as well as their relationship to cultural and physical factors. Research and theory in this branch of psychology reflects questions concerning the extent to which growth and change can be attributed to physical and genetic factors (nature) or environmental factors

such as family, culture, society, nurture. Related to nature and nurture are questions in relation to the extent to which personality remains stable over time or changes over the life-span. In addition, growth areas in research and debate concern the extent to which theory and research is able to generalize across different cultures.

Diploma in Psychoanalysis

(<https://citycolleges.ie/courses/diploma-psychoanalysis/>)

Location: Dublin & Online

Start date: Monday, 26 April

This module presents an in-depth introduction to the basic concepts in Psychoanalysis. This introductory module will help students to understand the history and origins of psychoanalysis, the theory developed by Freud and the analysis of some of his most important cases where theory meets clinical work.

Diploma in Sports & Exercise Psychology

(<https://citycolleges.ie/courses/diploma-in-sports-and-exercise-psychology/>)

Location: Dublin & Online

Start date: Monday, 26 April

The course is relevant to those interested and involved in the sport and leisure industry eg. coaches, athletes, strength & conditioning professionals, physiotherapists, P.E. Teachers, personal trainers etc. The course may also be of interest to business leaders and managers in terms of understanding what drives performance, staff motivation, leadership and team cohesion. The course will examine a broad range of topical issues with the sport and exercise psychology profession through the application of theory and research.

Diploma in Traumatology & PTSD

(<https://citycolleges.ie/courses/diploma-in-traumatology-and-ptsd/>)

Location: Dublin & Online

Start date: Monday, 26 April

This course aims to provide students with an understanding of the theory and treatment of trauma and PTSD related symptoms. It presents historical and emerging research and theory related to trauma and PTSD, with a focus on clinical treatment and practical responses to symptoms. Students will explore a range of theoretical frameworks for understanding trauma, and what factors influence recovery and post-traumatic growth. Complex-PTSD will also be explored and the emerging literature around this concept will be explored. Therapeutic interventions will be discussed using empirical research and evidence-based practice. A practical clinically-focused account of cases and clinical experience of working with severely traumatised individuals will also form part of the programme. This course is suitable for; social workers, psychotherapists, psychologists, psychiatrists, GPs, nurses, Gardai, emergency responders, teachers, and anyone whose job brings them into contact with individuals dealing with trauma and PTSD. For existing practitioners, this programme will provide a basis for developing skills used in responding to traumatic presentations.

Diploma in Obesity Treatment (for professionals)

(<https://citycolleges.ie/courses/diploma-in-obesity-treatment-for-professionals/>)

Location: Dublin

Start date: Wednesday, 28 April

This programme is designed to provide medical professionals and allied health professionals with an up to date understanding and relevant skills for working through treatment pathways with obese patients. These skills will include a review of relevant lifestyle, nutritional, psychological, medication and surgical interventions.

The Diploma consists of two parts which combine an online learning element with workshop participation: certification via the online certification of Specialist Certification of Obesity Professional Education (SCOPE), followed by participation in five two-hour evening workshops facilitated by Dr Werd al-Najim and Professor Carel La Roux.

Attendees will be medical doctors and those working in allied health professions such as nurses, nutritionists, psychologists,

physiotherapists etc.

Diploma in Cyberpsychology

(<https://citycolleges.ie/courses/diploma-in-cyberpsychology/>)

Location: Dublin & Online

Start date: Tuesday, 27 April

The Diploma in Cyberpsychology is a ten-week course designed to give counsellors, psychotherapists, psychologists, psychiatrists, teachers and parents an up to date insight into our state of the art understanding of Cyberpsychology and its impact on our culture.

Diploma in Bereavement & Grief Studies

(<https://citycolleges.ie/courses/diploma-in-bereavement-grief-studies/>)

Location: Dublin & Online

Start date: Thursday, 29 April

The Diploma in Bereavement and Grief Studies provides students with a clear understanding of the process of grieving after a bereavement. It adopts a lifespan developmental approach to trauma, death and grief by exploring the impact of death from childhood right through to adulthood. Students will be given a theoretical framework for understanding the impact of death on individuals, and why some individual's journey through grief can become more problematic (complicated grief). This course will provide students with an insight into the differences between normal grief and traumatic grief reactions.

You can register for these courses online through our website www.citycolleges.ie (<http://www.citycolleges.ie>) or by contacting the College on 014160034. If you would like to receive information on any of these courses, or have any queries, please email info@citycolleges.ie (<mailto:info@citycolleges.ie>) or call 1850 252740. 10% discount with #ACTIVELINKJ21 code.

Region

Dublin & Online

Date Entered/Updated

6th Apr, 2021

Expiry Date

30th Apr, 2021

Source URL: <https://www.activelink.ie/community-exchange/training/81029-city-colleges-spring-2021-diploma-courses>