

IICP College: QQI Level 9 Certificate in Cognitive Behavioural Therapy (<https://www.activelink.ie/node/80768>)



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QQI Level 9 Certificate in Cognitive Behavioural Therapy

The aim of this award is to equip practitioners with an up-to-date, cutting edge training in CBT as one approach to therapy.

- **Award:** This programme is a Minor Award validated by QQI at level 9 on the NFQ.
- **Autumn Intake Dates:**
 1. 12 September 2021
 2. 03 October 2021
 3. 17 October 2021
 4. 07 November 2021
 5. 28 November 2021 (1/2 day tutorial)
- **Structure:** Teaching from 9:00am-5:00pm (except final day which is 9:00am-1:00pm).
- **Who should apply:** This programme is suitable for counsellors and psychotherapists who hold either a Level 8 Degree in Counselling and Psychotherapy; or who hold a professional recognised diploma in Counselling and Psychotherapy plus a minimum of a Level 8 degree in another relevant field. Recognition of Prior Learning (RPL) can also be considered for entry and should be discussed with the college.
- **Language Requirements:** Language Requirements: If English is your second language you are required to submit an IELTS (International English Language Testing System) cert at Level 6.5, or equivalent.
- **Cost:** €945.00 [Direct Debit Scheme Payment Plan is Possible]

Introduction

The programme consists of four full teaching days, plus a half day tutorial spread out over four months. Learners have eight months to complete their clinical work, and should be practicing therapists upon application. Learners will engage in both theoretical and practical training in CBT (considering both Ellis and Beck). The programme is highly interactive, and utilises a variety of teaching and learning methods.

Why attend this CPD minor award?

- Of interest to anyone with a professional or personal interest in CBT.
- Excellent facilitator – creative, engaging and dynamic
- Examine the theoretical underpinnings to CBT.
- Foster capacity to integrate CBT interventions into counselling & psychotherapy practice.

Blended Learning Delivery

At present, during COVID-19, courses are delivered online. These classes are run as tutorials, that involve students and their lecturer logging into our online learning platform Moodle and use the online portal Zoom™ simultaneously. This platform facilitates discussion polls, sharing of slides, videos resources and much, much more. To foster more intimate learning environments the use of breakout rooms is also implemented, allowing for the safe and experiential triadic learning practice that we have found so successful. All of our sessions are accessible through computer and mobile devices and we have a structured and robust technology department to support all faculty and students through their online learning journey. To encourage flexibility, and as best practice, we also record all our sessions, these are made accessible only to the students in that class to review content whenever is convenient to them!

Assessment

- Learners are required to submit an audio recording and written evaluation of a client session where CBT was used as an intervention. Learners, will critically evaluate CBT and then evaluate their recorded session. Use of outcome measures will inform learners evaluation of their practice.
- Learners on this programme are required to complete 50 hours of clinical work over 8 months, which should be supervised at the appropriate ratio to their accreditation status. A client log and a supervision report must be submitted upon completion.

For more details or to book online, please visit our website:

www.iicp.ie (<http://www.iicp.ie/degree.html>)

or contact

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Region

Online

Date Entered/Updated

22nd Mar, 2021

Expiry Date

22nd May, 2021

Source URL: <https://www.activelink.ie/community-exchange/training/80768-iicp-college-qqi-level-9-certificate-in-cognitive-behavioural-therapy>