

Finglas Support & Suicide Prevention Network **(<https://www.activelink.ie/node/80297>)**



FREE ASSESSMENTS
€5 (unemployment/ SW) and €10

We are here to support our people and communities, please feel free to call our service. We are available for online service and on our premises (all Covid 19 measures are taking in place- safety first) Remember to always look after your mental health and put yourself first.

Monday to Friday
9 am to 1 pm - 018648899
from 1:05pm to 5 pm 085 2790627

Counselling is a process whereby you meet with a counsellor in a quiet and private environment to seek help in exploring and understanding thoughts, behaviours and circumstances that are troubling you. The discussion between you and the counsellor is confidential.

Confidentiality is a central and integral part of the counselling process and is assured to each client who avails of counselling through FSN.

<https://finglas-suicide-network.sumup.link> (<https://finglas-suicide-network.sumup.link>) or our website www.fsnsupport.ie (<http://www.fsnsupport.ie>)

Region
Dublin 11

Date Entered/Updated
25th Feb, 2021

Expiry Date
27th Apr, 2021

Attachment	Size
mission-of-fsn.jpg	42.51 KB

Source URL: <https://www.activelink.ie/community-exchange/services-requests/80297-finglas-support-suicide-prevention-network>