GROW (https://www.activelink.ie/node/538)

GROW is a Mental Health Organisation which helps people who have suffered, or are suffering, from mental health problems.

Members are helped to recover from all forms of mental breakdown, or indeed, to prevent such happening.

GROW, founded in Australia in 1957 by former mental sufferers, has a national network of over 145 Groups in Ireland. Its principal strength is the support members give each other from their own experience in matters to do with mental health. GROW is grant aided by all of the Health Boards and by the Department of Health and Children.

Contact Info

GROW in Ireland,

Ormonde Home, Barrack Street, Kilkenny.

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GROW Infoline: 1890 474 474 (Tel:1890474474)

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https://grow.ie/ (https://grow.ie/)

Source URL: *https://www.activelink.ie/irish-links/health/grow*