

## **Living Life Voluntary Counselling Centre** **(<https://www.activelink.ie/node/482>)**

Living Life provides counselling & supportive services to those who could not normally afford it, reaching out primarily to the marginalised, unemployed & disadvantaged in our community.

Living Life provides one to one counselling, group therapy, couples counselling, play therapy & art therapy. The service helps both children and adults. All adults must make their own appointment. Clients are asked to make a donation based on what they can reasonably afford. Issues we address include depression, addiction, relationships, anxiety, bereavement, abuse, conflict and suicide.

### **Contact Info**

#### **Living Life Voluntary Counselling Centre**

*Bray:* Madeley, Eglinton Rd, Bray, Co. Wicklow

Tel: 01 - 286 67 29 (tel:012866729)

*Arklow:* 3 Collins Street, Arklow, Co. Wicklow

Tel: (Ring Bray number) 01 - 286 67 29 (tel:012866729)

### **Website**

<https://livinglifecounselling.com/> (<https://livinglifecounselling.com/>)

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