

North Dublin Befriending Service CLG T/A Befrienders Dublin **(<https://www.activelink.ie/node/37577>)**

Mission Statement

To reduce the isolation felt by those with mental health difficulties and assist in their re-integration into the Community.

Project Aims

The aim of the Befriending Project is to provide a service that fosters independence and equality of participation for people with mental health difficulties.

- To improve the quality of life of people with mental health difficulties.
- To promote the independence of such individuals and encouraging their integration into the local community.
- To assist people with mental Health difficulties to re-establish personal interests and social contacts within the community; alleviating social isolation and exclusion.
- To motivate and support individuals with mental health difficulties in accessing other community resources.

Contact Info

North Dublin Befriending Service CLG T/A Befrienders Dublin

Goirtin Training Centre

Rathdown Road

Grangegorman

Dublin 7

Tel: 01 838 71 84 (tel:018387184)

Mobile: 086 838 55 76 (tel:0868385576)

Email

info@befriendingservice.com

Website

<https://www.facebook.com/Befrienders.Dublin/> (<https://www.facebook.com/Befrienders.Dublin/>)

Source URL: <https://www.activelink.ie/irish-links/health/north-dublin-befriending-service-clg-ta-befrienders-dublin>