

## **LGBT Helpline (<https://www.activelink.ie/node/24961>)**

LGBT Helpline is a national support service for Lesbian, Gay, Bisexual and Transgender people, and their families and friends. We provide confidential, non judgemental, listening support and information through the following support services.

The phone and online support are available 7 days per week from 6.30pm to 9pm Monday to Thursday, from 4pm to 9pm on Fridays, and from 4pm to 6pm Saturdays & Sundays.

### **Contact Info**

Ph: [1890 929539 \(tel:1890929539\)](tel:1890929539)

### **Website**

<https://lgbt.ie/> (<https://lgbt.ie/>)

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**Source URL:** <https://www.activelink.ie/irish-links/sexual-orientation/lgbt-helpline>