

Let's Get Talking (<https://www.activelink.ie/node/20945>)

Let's Get Talking is a non-profit Counselling & Psychotherapy Service providing accessible, professional, non-set fee counselling and psychotherapy nationwide.

As a community counselling and psychotherapy non-profit organisation, we provide professional counselling psychotherapy support to all based on their needs and have a non-set fee policy. This social enterprise is built on a wellness principle with three main pillars. Firstly, access to psychological therapies. Secondly, education through lectures and courses, assistance in training for those involved in the study of counselling and psychotherapy; and continuous professional development programmes. Thirdly research is a central focus in the development of the service in that the use of evidence based practice is complimented by practiced based outcome research.

Clients can contact our service without a referral. There is no limit to the amount of session provide to our clients, we work with clients to make a plan they are happy with.

Contact Info

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