

## **HUGG Galway: NEW Suicide Bereavement Pop-up Café** **(<https://www.activelink.ie/node/116541>)**



HUGG, Ireland's national suicide bereavement organisation, is dedicated to supporting adults bereaved by suicide. We provide FREE practical information and emotional support after a suicide occurs. We are pleased to announce we are extending our peer support service offering using a pop-up café approach across several regions. In addition to our Suicide Bereavement Support Groups, **over the next several months a HUGG Pop-Up Café will be available in Galway too**

### **HUGG Galway, Suicide Bereavement Pop-up Café** **Coffee, Cakes and Compassionate Conversations**

Led by trained volunteers with a lived experience of suicide loss, our pop-up café offers a safe, non-judgmental space for social connection, mutual support and shared understanding.

You are warmly invited to join us for a complimentary cuppa and chat with others who understand your grief. Whether you've lost a friend, family member, neighbour, teammate, or colleague, and if you are over 18, you are welcome to come along.

Take some time for yourself, to share memories of your loved one, exchange coping strategies, or simply be in the company of others who truly understand.

**Where:** Ballybrit, Galway, 10.30am to 12pm

**When:** Friday July 18th, Friday August 22nd, Friday September 19th

**To reserve a spot at one or more of our pop-up cafés please register**[here \(https://hugg.us18.list-manage.com/track/click?u=60413ddc6b4c5eff81d7aa49e&id=e2b0b6143f&e=997426cb85\)](https://hugg.us18.list-manage.com/track/click?u=60413ddc6b4c5eff81d7aa49e&id=e2b0b6143f&e=997426cb85) OR email [support@HUGG.ie](mailto:support@HUGG.ie) (<mailto:support@HUGG.ie>?subject=Suicide%20Bereavement%20Pop-up%20Cafe&body=null) with your name & number, and a member of our team will be in touch to give you more information OR call [01 513 4048](tel:015134048) (Tel:015134048) (our monitored answering machine).

#### **Region**

Ballybrit, Galway

[Reserve Your Spot \(https://forms.office.com/pages/responsepage.aspx?id=DQSIKWdsW0yxEjajBLZtrQAAAAAAMAAACRMhvNUM0wzQU1YNktaUkE3V1MzSINOWkcwSThQSi4u&route=shorturl\)](https://forms.office.com/pages/responsepage.aspx?id=DQSIKWdsW0yxEjajBLZtrQAAAAAAMAAACRMhvNUM0wzQU1YNktaUkE3V1MzSINOWkcwSThQSi4u&route=shorturl)

#### **Date Entered/Updated**

1st Jul, 2025

#### **Expiry Date**

1st Sep, 2025

Attachment	Size
<a href="#">1- hugg-Pop-up Cafe-galway-1080x1350.png</a>	1.38 MB
<a href="#">2-hugg-pop-up-cafe-galway-jul-aug-sep-1080x1350.png</a>	847.03 KB
<a href="#">3-HUGG-pop-up-cafe-galway-1080x1350.png</a>	1.19 MB

**Source URL:** <https://www.activelink.ie/community-exchange/events/116541-hugg-galway-new-suicide-bereavement-pop-up-cafe>