

ARC's Dip in the Nip (<https://www.activelink.ie/node/116514>)



Dare to go bare for ARC Cancer Support Centres!

Get your kit off for ARC Cancer Support Centres! Come and join us for a Dip in the Nip at a secret location in Dublin on Sunday 20th July.

It's more than being naked, getting cold and getting wet. In the ocean, everyone is equal. Proud bellies, mastectomy scars, cellulite, we're all there. Skinny-dipping is the ultimate in life-affirmation, so the Dip in the Nip lets us celebrate life in all its beauty. Dip for yourself, for loved ones, or for those you've lost. Whatever your reason, join thousands of others who have peeled off – and take part in ARC's Dip in the Nip 2025.

This is the perfect way to shed your inhibitions – as well as your clothing, and raise much needed funds for ARC! Register now through our [iDonate Event Page \(<https://www.idonate.ie/event/ARCDipintheNip2025>\)](https://www.idonate.ie/event/ARCDipintheNip2025).

The event is open to all over the age of 18 years.

Register Now (<https://www.idonate.ie/event/ARCDipintheNip2025>)

Region

Dublin

[ARC's Dip in the Nip \(<https://www.arccancersupport.ie/dip-in-the-nip>\)](https://www.arccancersupport.ie/dip-in-the-nip)

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