

## **Mental Health Ireland: Thrive Fingal Project Officer (Part Time)** **(<https://www.activelink.ie/node/116100>)**



### **Thrive Fingal Project Officer (HQ,)**

**The salary for this post is analogous with HSE 2020 Salary Scale plus 8%, in line with October 2023 WRC agreement on Section 39 Pay.**

**In line with HSE Grade IV, Point 4 (plus the 8%) per annum.**

**The Full time Salary for the post is €36,189.00 (inclusive 8%) per annum.**

**Working Part Time (18.5hours per week over 2.5 Days) the salary is €18,094.00 (inclusive 8%) per annum.**

**Working Hours 18.5 hours per week.**

**PLEASE QUOTE REFERENCE NUMBER JOB REFERENCE NO 2025-003 WITH YOUR APPLICATION.**

**EMAIL ONLY PLEASE.**

Mental Health Ireland wishes to recruit a Thrive Fingal Project Officer for Fingal to further strengthen, develop and expand Thrive in Fingal. This part-time position involves growing and developing the capacity of volunteers, supporting the development of project, events and initiatives, documenting the work and support the expansion of Thrive across Fingal.

Thrive is a community-led movement aimed at creating happier and healthier communities by conducting projects and events promoting mental health and well-being. Thrive was introduced to Ireland in Fingal by Mental Health Ireland in 2021 to promote mental health, wellbeing, and recovery. Currently, Thrive Fingal is in its fourth year of existence and is actively involved in a variety of activities. Their members come from different personal and professional backgrounds and are committed to working together for the benefit of their community.

The Thrive Fingal Project Officer will report to the National Development Manager for programmes, work alongside the Thrive lead in Fingal and closely with the Thrive Steering Group, and other relevant organisations in the area. The role involves flexible working hours which will necessitate some attendance at out of hours meetings/events related to the duties. The applicant must have the necessary experience and capacity for lone working and to work on their own initiative as well as part of a team.

The successful candidate will have a passion for mental health and community development, experience in planning and innovation with specific skill areas including facilitation, mental health promotion, project initiation, project management skills, development, implementation, and population health. This an exciting opportunity for the right person to be part of an international movement in Ireland.

### **The successful candidate will be required to have:**

- A minimum of 2 years' experience working in mental health promotion or community development.
- A relevant 3rd Level Qualification in Health, Mental Health promotion, Community Development, or related social care field.
- Have a strategic approach to mental health and community development
- An understanding of mental health and its relationship to population health, wellbeing, and sustainable development.
- Experience of project initiation, planning, implementation and evaluation across the full arc and life cycle.
- Strong ability to document, record and reflect on the tasks within the role

- Proven experience of facilitation and group work.
- Strong presentation skills in both content creation and delivery.
- Ability to work on multiple tasks and to strict deadlines.
- Ability to be agile in their approach to work.
- Knowledge of the health and social policy context in which Mental Health Ireland operates (e.g., Sharing the Vision, Healthy Ireland, National Recovery Framework, National Outdoor Recreational Strategy, Connecting for Life & SlainteCare).
- Knowledge and experience of research and evaluation.
- The ability to represent Mental Health Ireland across a diverse range of audiences and to build effective relationships with key stakeholders, the Mental Health Ireland team, voluntary organisation, community groups and cross-sectoral stakeholders and the Thrive Coproduction Group
- Excellent interpersonal and communications skills.
- Proven ability to work using a coproduction process which includes the voice of lived experience, statutory, voluntary and community partners.
- Ability to engage successfully with marginalised, disadvantaged or difficult to reach cohorts within our community.
- Track record of working successfully across sectors to mobilise good will, and deliver innovative, bespoke programmes and projects with diverse project partners.
- Excellent ICT, web and social media skills.
- A high level of motivation, experience and capacity for working on one's own initiative as well as part of a team.

The above Job Description is not intended to be a comprehensive list of all duties involved and consequently, the post holder may be required to perform other duties as appropriate to the post which may be assigned to him/her from time to time and to contribute to the development of the post while in office.

## How to apply:

To apply for this position, please submit a cover letter setting out your reasons for applying for the position along with your Curriculum Vitae to [recruitment@mentalhealthireland.ie](mailto:recruitment@mentalhealthireland.ie) (<mailto:recruitment@mentalhealthireland.ie>)

Download the full Job Description below or from the [Mental Health Ireland website](https://www.mentalhealthireland.ie/about-us/work-with-us/) (<https://www.mentalhealthireland.ie/about-us/work-with-us/>).

Closing date for receipt of applications is **12 noon 27th June 2025**. Applications received outside this time will not be considered. Shortlisting will be carried out based on the information received in your CV and letter of application.

Interviews will be held week of 14th July 2025.

For informal enquiries, please contact our National Development Manager for Programmes, **Jo Donohoe**, [jo@mentalhealthireland.ie](mailto:jo@mentalhealthireland.ie) (<mailto:jo@mentalhealthireland.ie>)

Please ensure to include the relevant **Job Reference Number 2025-003** in your letter of application and CV.

### Region

Dun Laoghaire, Co Dublin / Hybrid

### Date Entered/Updated

9th Jun, 2025

### Expiry Date

27th Jun, 2025

### Attachment

[Job Ref No 2025-003\\_JD for Thrive Fingal Project Officer, Fingal 09.06.25.docx](#)

### Size

52.64  
KB

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**Source URL:** <https://www.activelink.ie/vacancies/community/116100-mental-health-ireland-thrive-fingal-project-officer-part-time>