

# HUGG "Say Their Name" Memorial Quilt - FREE Creative Workshop (https://www.activelink.ie/node/116058)



## August 30th, Limerick

If you are bereaved by suicide, whether recently or many years ago, HUGG warmly invite you to attend a FREE creative workshop on **Saturday August 30th 10.45am to 1pm, Castletroy Park Hote!** Dublin Road, Castletroy, Limerick, V94Y0AN.

HUGG is dedicated to supporting adults bereaved by suicide in Ireland. We want to create a**HUGG memorial quilt,** made up of hand-crafted individual fabric squares; each unique square honouring our loved ones who died by suicide. The finished piece will communicate to others that **suicide grief doesn't have to be faced alone.** 

We promise **you don't need any previous crafting or sewing experience**, or an artistic bone in your body to participate in this workshop! This workshop is suitable for men and women. See attached participants' description of our creative workshop.

Being in the company of others who have a shared experience of suicide loss can provide comfort, support, and hope, while needle crafting can provide inspiration. This activity may help you to **explore and discover meaningful memories of your loved one**. Felting artist & expert, Marie Hopkins, will provide a mini-demonstration on needle felting and how to get started, explaining how to use the tools provided, blend colours, and use the needle. You will be provided with all you need to explore your inner creativity and intuition, and enough time to create a hand-crafted fabric square.

Spaces in this workshop are limited to 40 people and will be available on a first-come, first-served basis. To avoid disappointment, you are advised to register early. You are welcome to attend with a family member or friend if they have registered in advance and secured a space within the workshop. You will find attached more information about this creative initiative, and answers to frequently asked questions.

Please complete the registration & consent form here: <a href="https://tinyurl.com/HUGGMemorialQuilt">https://tinyurl.com/HUGGMemorialQuilt</a> (https://tinyurl.com/HUGGMemorialQuilt)

Complimentary refreshments and sandwiches will be served at the end of the workshop.

### We hope that you will join us.

#### Region

Limerick

Registration & consent form (https://tinyurl.com/HUGGMemorialQuilt)

#### Date Entered/Updated

5th Jun, 2025

#### **Expiry Date**

5th Aug. 2025

Attachment Size

Attachment	Size
FAQs_HUGG Say Their Name Memorial Quilt Initiative 2025.pdf	128.6 KB

**Source URL:** https://www.activelink.ie/community-exchange/training/116058-hugg-say-their-name-memorial-quilt-free-creative-workshop