

Shine: Mental Health Recovery Support Worker - Galway / Mayo / Roscommon (<https://www.activelink.ie/node/116043>)



Mental Health Recovery Support Worker

Job title: Mental Health Recovery Support Worker

Reporting to: Regional Mental Health Team Leader

Salary: €36,320 per annum

Roles: Full-time, 3-year contract

Location: This position will cover Galway / Mayo / Roscommon.

Purpose of role:

- To manage a caseload of individuals and peer support groups
- Implement and practice the Shine Recovery and Engagement Model to empower people to manage their mental health recovery effectively.
- The Mental Health Recovery Support Worker will work in the community with people who experience ongoing mental health difficulties and with people who are family/supporters.
- To promote and deliver the aims and objectives of Shine in accordance with strategic and operational plans.
- To foster the Shine ethos and values.

Duties and responsibilities:

Key working with people who experience ongoing mental health difficulties and with people who are family/supporters.

- Assist people who use our services in developing and/or implementing a recovery plan that identifies areas of support and goal development, ensuring goals are attainable and time specific, and that the individual plays an integral role in the decision-making process.
- Build trusting and non-judgemental relationships with users of the service.
- Using a person-centred approach to key working
- Support people on their journey of recovery using a range of approaches, including family recovery support.
- Record progress and impact, and outcomes of the service.
- Signpost, outreach and advocate in partnership with service users in their community.
- Assist people who use our services to develop social support networks in their community.
- Work as part of a system that enables immediate response to our phone line, brief information and support queries.

Community Engagement

- Promote the work of Shine through the provision of information talks, presentations and awareness events in the community.
- Build relationships with statutory and community partners.
- Collaborate with statutory and other voluntary/community sector partners on projects and initiatives focused on mental health and recovery.

Training/ Facilitation

- Facilitation and delivery of Shine groups

- Support and deliver Shine education courses.
- Provide support to facilitators of Shine groups and education courses.

Other duties

- Develop and participate in specific Shine projects.
- Maintain up-to-date records of all work using a CRM
- Participate in the development, evaluation and implementation of services.
- Work cooperatively as a member of the Shine team.
- Participate in team meetings and case reviews
- Any other duties as required by Shine

Person specification

- Previous experience in community and/or recovery work using a person-centred approach.
- Excellent communication, time management and organisational skills.
- Ability to maintain professional standards concerning people who use our services.
- An empathetic and non-judgemental approach to working with people.
- Flexibility in approach to work.
- Knowledge and understanding of mental health and recovery services in Ireland.
- Ability to work within a team and follow direction, as well as the ability to work alone and on your own initiative.
- Proficient in IT use, such as CRM, Microsoft Outlook, and Excel.

Qualifications and requirements

- A recognised Level 7 or above third-level qualification in a relevant health and social care discipline or equivalent work experience.
- At least 2 years post-qualification experience working in a relevant field.
- Previous experience of facilitating and delivering training/education programmes to groups.
- Previous experience of supporting individuals in a 1-1 capacity in person & remotely.

Shine benefits include:

- Support and supervision provided by your line manager on a regular basis.
- Training and ongoing professional development.
- Flexible working hours.
- Access to Employee Assistance Programme.
- 24 days annual leave per annum plus one wellbeing day per annum.
- Access to Shine pension scheme with contribution from employer
- Death in service benefit.
- Paid maternity and paternity leave.

APPLICATION PROCESS

Application is by CV and cover letter to recruit@shine.ie (<mailto:recruit@shine.ie>).

Shine is an equal opportunity employer, committed to promoting and maintaining a diverse and inclusive work environment.

For informal enquiries, please contact recruit@shine.ie (<mailto:recruit@shine.ie>).

Application Deadline: 23rd June 2025

Conditions of Appointment:

All offers of posts are subject to receipt of satisfactory references, Garda Vetting approval and completion of HSE Land Children First E-learning programme prior to commencement of employment.

Region

Galway / Mayo / Roscommon

Date Entered/Updated

5th Jun, 2025

Expiry Date

23rd Jun, 2025

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