

## **South East Technological University: MA in Advanced Facilitation Skills for Health and Well Being**

**(<https://www.activelink.ie/node/115934>)**



### **MA in Advanced Facilitation Skills for Health and Well Being (Level 9 - 90 ECTS)**

The Master of Arts in Advanced Facilitation Skills for Health and Well Being is a practice orientated Accredited Health Promotion programme at NQF Level 9. It has been designed to offer participants a unique opportunity to engage in practitioner personal growth and development through group process and to advance knowledge, skills, attitudes and competencies required for promoting health and well-being. The skills acquired on this programme are essential when engaging with individuals or working with groups. The programme is accredited by the International Union for Health Promotion and Education.

### **WHO IS THIS QUALIFICATION FOR?**

This programme is for all people whose core work involves communication with others; it is an invaluable asset to many professionals such as Community, Social and Youth Workers, Teachers, Health Professionals, those in positions of management and those working with marginalised groups. Some graduates from this MA have moved into professions such as Health Promotion Officers or Youth and Community workers while others have diversified into self-employment. A small number of graduates have progressed onto PhD programmes of study.

### **OVERVIEW**

The MA in Advanced Facilitation Skills for Health and Well Being has a strong focus on personal development and the acquisition of facilitation skills to an advanced level both in practice and within a wider theoretical perspective. Experiential learning is the methodology used in the course, which supports students to develop through the medium of the group process [max. 16], reflective practice and research. The programme provides an opportunity for individuals to acquire the knowledge to support them to deliver on the priorities identified in 'Healthy Ireland', which is the national framework for action to improve the health and wellbeing in Ireland.

### **DATES, VENUES AND FEES**

The delivery reflects the flexibility required for adult learners and workers. The programme is delivered over three semesters. Semester 1 September - December 2025, Semester 2 January to May 2026, Semester 3 September – December 2026.

Typically, the semesters involves a two-day block (Friday-Saturday) per month with online learning activities in between. There is one residential weekend each semester (Friday – Sunday) that take place in a Retreat Centre.

Fees are €6,500 (subject to change)

Please note there is a nominal fee of approximately €200 for residential weekends paid directly to the venue for food and board.

### **ENTRY REQUIREMENTS**

There are two pathways for entry onto the programme. Firstly, applicants who hold a qualification at NFQ Level 8 Honours (2.2) degree or equivalent. Secondly, applicants who do not hold the standard qualifying NFQ Level 8 Qualification criteria, but have relevant work experience and study, may be considered for admission to the programme under the SETU

Recognition of Prior Learning (RPL) process and subject to an interview. Contact Programme Leaders for details on the RPL process.

## HOW TO APPLY

Online application forms are available on the course website [www.setu.ie/SE92H](http://www.setu.ie/SE92H) (<http://www.setu.ie/SE92H>)

Direct Link for Application: <https://www.cognitoforms.com/SETU10/D140TAUGHTPostgraduateApplicationFormCourseCode> (<https://www.cognitoforms.com/SETU10/D140TAUGHTPostgraduateApplicationFormCourse%20Code>)

## CONTACT US

To find out more about this please contact the Course Leaders Mairead Barry at [Mairead.Barry@setu.ie](mailto:Mairead.Barry@setu.ie) (<mailto:Mairead.Barry@setu.ie>) or Paula Carroll at [Paula.Carroll@setu.ie](mailto:Paula.Carroll@setu.ie) (<mailto:Paula.Carroll@setu.ie>) or visit our website [www.setu.ie/SE92H](http://www.setu.ie/SE92H) (<http://www.setu.ie/SE92H>)

### Region

South East / Nationwide

[Advanced Facilitation Skills for Health and Well Being\(https://www.setu.ie/SE92H\)](https://www.setu.ie/SE92H)

### Date Entered/Updated

30th May, 2025

### Expiry Date

30th Jul, 2025

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