

## **ASIST Training (Applied Suicide Intervention Skills Training) - Co Monaghan (<https://www.activelink.ie/node/115460>)**

**Iontas Centre, Wednesday 21st & Thursday 22nd May 2025**

This two-day training is a two-day skills building workshop in suicide first aid. Participants are trained to reduce the immediate risk of a suicide and increase the support for a person at risk. . The workshop provides opportunities to learn what a person at risk may need from others to keep safe and get more help. Those taking part in the training will feel challenged and safe, work interactively with others in small groups, learn a suicide first aid model that provides a framework for skills practice and experience powerful audio visuals.

Training is free and suitable for those age over 18.

**ASIST Monaghan (<https://bookwhen.com/suicidepreventiontrainingcho1/e/ev-sos7-20250521000000>)**

**Region**

Castleblaney, Co Monaghan

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**Date Entered/Updated**

7th May, 2025

**Expiry Date**

21st May, 2025

**Attachment**

ASIST Poster Castleblaney May 2025.pdf

**Size**

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KB

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**Source URL:** <https://www.activelink.ie/community-exchange/training/115460-asist-training-applied-suicide-intervention-skills-training-co-monaghan>