

## **Understanding Self Harm - Co Monaghan** **(<https://www.activelink.ie/node/115459>)**

**Iontas Centre, Castleblaney, Tuesday 13th May 2025**

This one-day training is designed to raise awareness for individuals and agencies who seek to understand more about self-harm, the reasons underlying self-harm behaviours and improve upon personal and agency responses to those who self-harm.

It aims to reduce the stigma of self-harm, improve awareness and sensitivity to self-harm issues and promote effective care services for those who self-harm. The programme seeks to promote the principles of respect, understanding and choice.

Training is free and suitable for those age over 18.

### **Understanding Self Harm Monaghan** **(<https://bookwhen.com/suicidepreventiontrainingcho1/e/ev-s8uy-20250513090000>)**

#### **Region**

Castleblaney, Co Monaghan

Understanding Self Harm Monaghan (<https://bookwhen.com/suicidepreventiontrainingcho1/e/ev-s8uy-20250513090000>)

#### **Date Entered/Updated**

7th May, 2025

#### **Expiry Date**

13th May, 2025

#### **Attachment**

[USH Poster Castleblaney May 2025.pdf](#)

#### **Size**

183.62  
KB

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**Source URL:** <https://www.activelink.ie/community-exchange/training/115459-understanding-self-harm-co-monaghan>