

## **Rutland Centre: Relief Social Care Worker** **(<https://www.activelink.ie/node/115298>)**



### **Relief Social Care Worker Evening & Weekends / Night Duty**

**Job Title:** Relief Social Care Worker

**Location:** Knocklyon, Dublin 16

**Reports to:** Head of Clinical Services

**Job Type:** Relief Panel Role

**Purpose:** To work as part of the residential team in providing high quality care and support to clients of the service. Specifically to cover evening and weekend shifts and also work on an overnight wake shift, and take responsibility for ensuring the safe running of the service during this time.

**Contact Email:** [caroldelaney@rutlandcentre.ie](mailto:caroldelaney@rutlandcentre.ie) (mailto:caroldelaney@rutlandcentre.ie)

The Rutland Centre is a leading addiction treatment centre providing in-patient, out-patient and aftercare services to men and women with addiction issues and their families. Established in 1978, Rutland has grown into one of the largest and most respected addiction treatment centres in Ireland. Our work in addiction treatment and rehabilitation is based on solid scientific research and exacting client follow ups.

We now have a vacancy for a **Relief Social Care Worker** to join our relief panel. The successful candidate will report to the Head of Clinical Services and provide quality services to clients, families and individuals contacting the service after hours. The post is based in our residential service.

### **Role Responsibilities: (Include, but not limited to)**

- To work lone cover evening and weekend shifts and also overnight, during the hours of 9.30pm to 9.30am, ensuring the safety and wellbeing of the client group.
- To provide support and reassurance for clients experiencing distress, and to ensure that these client presentations get handed over to the rest of the clinical team.
- To work with the residential team in delivering a five-week therapeutic programme to clients.
- To provide appropriate interventions for individuals and groups in a residential treatment setting. • Engage with and build trusting relationships with all clients at a formal and informal level in order to develop a viable and productive therapeutic relationship.
- To treat clients with dignity and respect at all times in order to promote and motivate clients towards full recovery, while working within CORU and Rutland code of ethics as well as the overall values of Rutland.
- Ensuring all relevant documentation and handover notes are recorded and stored in line with the aims and standards of the centre.
- Facilitate evening planning and wind down groups as appropriate, and as directed.
- Facilitate clients in taking their prescribed medications.
- Work as part of a multi-disciplinary team, supporting team members, inducting new team members, participating in clinical review meetings when requested, attending supervision, and participating in daily client handovers.
- Comply with all Health and Safety regulations and standard operating procedures relating to fire procedures, maintenance, critical incidents, safety for staff, etc. to ensure the effective safety and well-being of all clients and staff.
- Work within the policies of Rutland Centre in order to ensure that a consistent delivery of service, quality standards and best practice are adhered to at all times.
- Utilise the on-call Rota when on shift.

### **Person Specification**

#### ***Education***

- Third Level qualification in social care (level 8).

## ***Experience***

- Experience working within the drug and alcohol field.
- Experience of working in a residential setting.
- Familiar with various models of rehabilitation and recovery approaches.
- Some experience of leading client activities.
- Has experience and understands the importance and implications of working as part of a team.

## ***Knowledge & Skills***

- Has excellent communication and listening skills.
- Enjoys working with people, is approachable, and demonstrates warm and friendly mannerisms.
- Is clear and explicit about professional and personal boundaries.
- Strong interpersonal skills
- Clear written and verbal communication skills
- High IT literacy skills.
- Have a “can do” attitude and a positive solution focused approach to problem solving and conflict resolution.
- Uses assertive behaviour, demonstrating dignity and respect for self and others at all times.
- Is open to appropriate challenges and confrontation from clients at the required time and place and is open to feedback and appraisal from colleagues and management.
- Ideally has some knowledge of ECASS systems.

## **Application Process:**

Interested candidates who meet the Person Specification requirements should send their CV & cover letter to Carol Delaney, Head of Administration & Operations at [caroldelaney@rutlandcentre.ie](mailto:caroldelaney@rutlandcentre.ie) (<mailto:caroldelaney@rutlandcentre.ie>)

### **Region**

Dublin 16

### **Date Entered/Updated**

28th Apr, 2025

### **Expiry Date**

28th Jun, 2025

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