

## **HUGG Waterford - Suicide Bereavement Pop-up Café** **(<https://www.activelink.ie/node/115107>)**

### **Coffee, Cakes and Compassionate Conversations**



If you have lost a loved one to suicide, recently or many years ago, you are warmly invited to join us for a complimentary cuppa and chat with others who understand your grief.

Led by trained volunteers with a lived experience of suicide loss, our pop-up café offers a safe, non-judgmental space for social connection, mutual support and shared understanding.

Whether you've lost a friend, family member, neighbour, teammate, or colleague, and if you are over 18, you are welcome to come along.

Take some time for yourself, to share memories of your loved one, exchange coping strategies, or simply be in the company of others who truly understand.



**Where:** Dungarvan, Waterford, 10.30am to 12pm

**When:** April Tuesday 29th, May Tuesday 27th, June Tuesday 24th, July Thursday 24th

**To reserve a spot at one or more of our pop-up cafés please register [here](https://hugg.us18.list-manage.com/track/click?u=60413ddc6b4c5eff81d7aa49e&id=e2b0b6143f&e=997426cb85) (<https://hugg.us18.list-manage.com/track/click?u=60413ddc6b4c5eff81d7aa49e&id=e2b0b6143f&e=997426cb85>) OR email**

**support@HUGG.ie (mailto:support@HUGG.ie?subject=Suicide%20Bereavement%20Pop-up%20Cafe&body=null)** with your name & number,  
and a member of our team will be in touch to give you more information OR call **01 513 4048 (tel:015134048)** (our monitored answering machine).



**Region**

Dungarvan, Co Waterford

Reserve a spot (<https://hugg.us18.list-manage.com/track/click?u=60413ddc6b4c5eff81d7aa49e&id=e2b0b6143f&e=997426cb85>)

**Date Entered/Updated**

15th Apr, 2025

**Expiry Date**

15th Jun, 2025

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