

## **Mentoring with Confidence Course** **(<https://www.activelink.ie/node/115064>)**

### **Mentoring with Confidence (1-day certified course)**

**When:** Thursday 12 June

**Where:** Online via Zoom

**Time:** 9.30am – 4.30pm

**Cost:** €350 plus VAT

**Sign-Up:** [Here \(https://www.lmc-associates.co.uk/event-details/mentoring-with-confidence-online-3\)](https://www.lmc-associates.co.uk/event-details/mentoring-with-confidence-online-3)

### **Overview**

This course will introduce participants to the key principles of mentoring and equip them with the necessary skills to effectively support mentees. The programme provides practical tools and techniques that will enable employees to make a positive impact as mentors.

### **Who is it for?**

The programme is aimed at those who are new to mentoring and is designed to boost their confidence as a mentor by providing them with practical tools and techniques that they can implement immediately.

### **What we will cover**

1. Benefits of mentoring
2. Types of me
3. The role of a mentor
4. Mentoring lifecycle
5. Mentoring approaches
6. Mentoring skills
7. Running an effective mentoring session
8. The mentoring relationship

### **Positive Outcomes for Your Organisation**

By the end of the programme, participants will be able to:

- Differentiate between different types of development roles and recognise the difference between coaching and mentoring
- Describe the benefits of mentoring for a mentee, mentor and an organisation
- Identify the skills and qualities required to be an effective mentor and assess own current capabilities in line with these requirements
- Explain how to build a constructive mentoring relationship and run effective mentoring sessions

### **How much does Mentoring with Confidence Cost?**

€350 plus VAT (or £300 plus VAT)

### **Trainer**

Lydia McClelland is a business and marketing mentor, trainer and consultant. She is a full member of the Association of Business Mentors, a Chartered Marketer and a Fellow of the Chartered Institute of Marketing.

# Certification

All certification costs are included.

Certification is provided by People1st International. E-certification will be issued within 10 working days on completion of the course.

Places are limited to 6 people per course to ensure a quality teaching and learning experience.

**Please get in touch for group bookings and quotes for in-house training. For all training visit [www.lmc-associates.co.uk/training](http://www.lmc-associates.co.uk/training)** (<http://www.lmc-associates.co.uk/training>)

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## Region

Online / Zoom

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## Date Entered/Updated

14th Apr, 2025

## Expiry Date

12th Jun, 2025

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