

## **Cavan Autism Centre: Outreach Support Worker (Part Time)** **(<https://www.activelink.ie/node/114986>)**

**The Cavan Autism Centre is currently inviting applicants for the position of**

### **Part-Time Outreach Support Worker**

The Cavan Autism Centre CLG provides an autism specific service that enables each individual to develop and reach their full potential in a caring and safe environment. Person-centered programs are developed that are specifically tailored to meet the needs of each individual so they can achieve greater independence, improve social skills and inclusion and integrate into their local community. Our plans are built around each individuals abilities, choices and goals. Our services and supports have been developed to provide person-centered care to individuals with autism and intellectual and physical disabilities.

### **Hours of work:**

The post is for 15 hours per week and requires flexibility in working the allocated hours over the working week. This post includes some weekend work. The outreach employee will work as part of the larger Cavan Autism Centre team.

### **Purpose of the job:**

The role of Outreach Worker is vital to the successful delivery of quality programs and services in the Cavan Autism Centre. The Outreach Worker will support service users of the Cavan Autism Centre who live in the community. The Outreach Worker will report directly to the management team of the Cavan Autism Centre, will be a member of, and work collaboratively with the staff team in the Cavan Autism Centre.

We are seeking a dedicated individual to provide comprehensive community, recreational, vocational, and independent living support. The role involves encouraging social engagement through community events and supporting service users in accessing local resources. You will assist with recreational activities like swimming and fitness classes, as well as skill-based classes and outdoor outings to promote well-being. Additionally, you will help with volunteer opportunities and health strategies to enhance physical and emotional resilience. In vocational support, you will assist with skill development and collaborate with Workability for employment services. You will also support service users in learning life skills such as budgeting, meal planning, personal hygiene, and communication, while fostering self-reliance and confidence. Lastly, the role includes helping service users improve executive functioning skills such as time management, decision-making, and emotional regulation to aid in their independent living and overall success.

### **Programme Delivery:**

1. **Community Support:** To create an inclusive environment where service users can form meaningful relationships, access support services, and feel a sense of belonging within their local community.
2. **Recreational Support:** To provide enjoyable and enriching activities that promote socialisation, health, and well-being, while also offering opportunities for learning new skills.
3. **Vocational Support:** Will collaborate with Workability and other employment support networks to ensure service users receive specialised career guidance, training, and job placement.
4. **Independent Living Skills:** Support with daily living skills, such as meal preparation, budgeting, time management, and personal hygiene.
5. **Executive Functioning Skills:** These skills are crucial for success in daily life, academics, and professional settings. The program will help service users develop the cognitive skills necessary to plan, focus attention, remember instructions, and juggle multiple tasks effectively.

### **Qualifications & Experience:**

- Minimum Level 5 qualification in Health and Social Care, Social Studies, Youth Work or a related field (or equivalent).
- At least 2 years of experience of working with autism.
- Knowledge of person-centred care and the Disability Act 2005.

- Strong communication and interpersonal skills, with the ability to engage effectively with staff, service users, families, and external professionals.
- Experience in documentation and record-keeping, ensuring compliance with relevant standards.
- Ability to provide services that foster and enhance the dignity, development and independence of the individual.
- Excellent communication skills.
- Full Driving license and use of own car.

## Skills & Personal Attributes:

- **Empathy & Compassion:** Ability to understand and respond to the needs and challenges of individuals with disabilities.
- **Flexibility & Adaptability:** Willingness to adjust to the needs of the service users and adapt to changing circumstances or requirements.
- **Problem Solving:** Ability to handle situations that may require quick thinking and a calm, resourceful response.
- **Teamwork:** Excellent collaboration skills with colleagues and external professionals to create a holistic support environment.
- **Respect for Dignity & Rights:** Demonstrates a strong understanding of and commitment to upholding the rights and dignity of people with disabilities.

## To apply:

Please send cover letter and CV to: [manager@cavanautismetc.ie](mailto:manager@cavanautismetc.ie) (mailto:manager@cavanautismetc.ie)

Closing Date for Applications: **8th May 2025.**

**Salary:** Dependent on qualification and experience.

### Region

Cavan

### Date Entered/Updated

9th Apr, 2025

### Expiry Date

8th May, 2025

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