

## **Turn2me – "A lifeline online"**

**(<https://www.activelink.ie/node/11152>)**

We are an online mental health community providing peer and professional support to people in distress. We will actively support lives, build lives and save lives at the times people need us most.

### **Values**

- Anonymity – our services are designed to allow each user to access supports whilst retaining control over their right to privacy
- Dignity and Respect – Our services are here to de-stigmatise mental health and make it acceptable for people in society to talk openly about the state of their mental health and mental wellbeing.
- Accessibility – through our online resource centre, our services are available to everyone within the global community 365 days per year

### **Vision**

We want to create a world where mental health issues are acknowledged and accepted. Where every person in distress will feel confident to openly access the support services they need, safe in the knowledge that attitudes have changed based on a communal understanding and willingness to support each other.

#### **Contact Info**

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#### **Website**

<https://turn2me.org/> (<https://turn2me.org/>)

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