

# Belong To LGBTQ+ Youth Ireland: New Service Helping Families Support LGBTQ+ Youth (https://www.activelink.ie/node/107725)



(https://belongtoyouthservices.cmail19.com/t/i-l-akukulk-khbjydrh-

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For some parents and family members, it can a challenging time when their child comes out as LGBTQ+. It is normal to feel confused, upset or that you don't know enough.

At Belong To, we are here to help.

Our new Family Support Service offers one-to-one support for the families of LGBTQ+ young people across Ireland. (https://belongtoyouthservices.cmail19.com/t/i-l-akukulk-khbjydrh-y/) We can meet you in-person or online and share information and resources. Our Family Support Worker will also answer online queries. This is a free and confidential service.

# <u>FIND OUT MORE ABOUT THE FAMILY SUPPORT SERVICE</u> (https://belongtoyouthservices.cmail19.com/t/i-l-akukulk-khbjydrh-j/)

As part of this new service, we are hosting a Webinar for the Parents and Carers of LGBTQ+ young people.

This free, one-hour workshop will take place online on Tuesday, May 7th at 7pm.

In this workshop, we will cover the following topics: Supporting Your Child, Supporting Yourself, and Terminology And Language.

To register for this free online event, emailfamily@belongto.org (mailto:family@belongto.org)

It can be difficult for some parents when they learn that their is LGBTQ+ - from not anticipating this news and grieving the life they had imagined for a child, to feeling uncertain about how to best support your child in their school or community.

We also know from our work and research that there are better mental health and life outcomes for LGBTQ+ youth when they have the support of their parents. But you may need to support yourself first.

Whether someone in your family has come out as LGBTQ+, or you think your child may be LGBTQ+, we are here for you.

Visit our website to make contact with our Family Support Worker, and share information about the upcoming webinar with anyone in your network who may need support. (https://belongtoyouthservices.cmail19.com/t/i-l-akukulk-khbjydrh-i/)

#### Region

Nationwide / Online

More information (https://belongtoyouthservices.cmail19.com/t/i-l-akukulk-khbjydrh-r/)

## Date Entered/Updated

18th Apr, 2024

## **Expiry Date**

18th Jun, 2024

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