

The Learning Curve Institute: NEW Remote Learning - Denial and Self-deception Workshop with Dr. Kevin Fehin **(<https://www.activelink.ie/node/107376>)**

NEW Remote Learning: Denial and Self-deception Workshop with Dr. Kevin Fehin

This one day online workshop will focus on the use of denial as a defensive strategy against emotional pain in everyday life and in particular when pain relates to dealing with psychological trauma and addiction issues. An important goal of this workshop is to normalise and validate denial so we can help ourselves and clients recognise that it is a normal part of being human.

Participants will learn how to identify and manage denial patterns and the art of self-deception in order to be more effective in helping clients to see theirs. They will be encouraged to explore the concept of psychological defences and how they developed in order to better understand the function of denial and self-deception in making us feel safe. Special emphasis will be placed on building a therapeutic relationship with clients that is sensitive to the presence and function of defences, yet nonetheless seeks to engage with denial and self-deception in order to explore how defences can limit insight and leave us stuck in repetitive destructive patterns.

Suitable for: Psychologists, Counsellors, Psychotherapists, Nurse Practitioners, Youth Workers, Social Care Workers

Members of The Psychological Society of Ireland can earn learning credits for completion of this workshop and there is other accreditation pending.

Date: 15 May 2024

Times: 09.30 – 16.30 (CET-1)

For full details on the course please click here: <https://www.thelearningcurve.ie/courses/new-remote-learning-denial-and-self-deception-workshop> (<https://www.thelearningcurve.ie/courses/new-remote-learning-denial-and-self-deception-workshop>)

Programme Content

This workshop will explore how to Identify denial and everyday acts of self-deception.

Psychological defence mechanisms from psychodynamic theory will be discussed and how defence mechanisms may keep us feeling safe and yet harm us.

It will include how to engage with denial and self-deception in a therapeutic setting and ways to build a therapeutic relationship that can engage with defensiveness.

Participants will receive an emailed copy of the presentation, other supporting documents and links to relevant literature by email which will enable them to develop their understanding of

In each session participants will have the opportunity to observe and participate in role-plays and discussions via Zoom.

Learning Outcomes

Participants should have the tools to enable them to develop, build and expand their existing knowledge in relation to Denial and Self-deception, specifically:

Participants will be provided with the tools to be able to deal more effectively with clients exhibiting denial, self-deception and resistance in therapy.

Participants will be provided with the tools to enable them to understand why resistance and denial occur

Participants will be provided with the tools to learn how to effectively intervene and disrupt clients' self-deceiving patterns of behaviour.

Certification:

Participants will receive an e-Certificate of Completion in 'Denial and Self-deception' from The Learning Curve Institute.

About The Learning Curve Institute:

The Learning Curve Institute is Ireland's leading specialist trainer in mental health, addiction and best practice in the workplace providing a bespoke service to healthcare professionals, education establishments and industry.

Some of the organisations and bodies that The LCI has delivered in house training workshops and courses to over the past 13 years are:

- EmployAbility
- Health Service Executive
- The Probation Service
- The Defence Forces
- Allergan Pharmaceuticals Ireland
- Element Six, De Beers Group
- The Medical Council
- Merchants Quay
- Maynooth University
- The Simon Communities: Dublin, Dundalk, Galway, Belfast and Cork
- The Homeless Agency
- Peter McVerry Trust

Other Information:

The Learning Curve Institute offers a unique pre-course questionnaire to each participant to ensure the training meets the needs of everyone in the group and is tailored to the appropriate level while also covering specific situations or scenarios as highlighted by the group.

In addition, there is a post course support system available whereby participants are provided with the contact details of the trainer and are free to contact them with any questions they may have.

Costs:

Price €135.00

This includes a copy of the workshop slides, other supporting documents and links to relevant literature by email and an e-Certificate from The Learning Curve Institute.

Booking:

To secure a place on the workshop visit <https://www.thelearningcurve.ie/courses/new-remote-learning-denial-and-self-deception-workshop> (<https://www.thelearningcurve.ie/courses/new-remote-learning-denial-and-self-deception-workshop>) and book online. For further information or assistance regarding bookings contact the office on 098 25530 or email info@thelearningcurve.ie (<mailto:info@thelearningcurve.ie>)

The course has a limited amount of spaces available so immediate booking is advisable.

Website: <https://www.thelearningcurve.ie/> (<https://www.thelearningcurve.ie/>)

Phone: 098 25530 (tel:09825530)

Email: info@thelearningcurve.ie (<mailto:info@thelearningcurve.ie>)

Region

Online

Full details (<https://www.thelearningcurve.ie/courses/new-remote-learning-denial-and-self-deception-workshop>)

Date Entered/Updated

3rd Apr, 2024

Expiry Date

13th May, 2024

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