

Multiple Sclerosis Society of Ireland: The May 50k' Challenge **(<https://www.activelink.ie/node/107133>)**

THE MAY 50K

There are approximately 10,000 people in Ireland living with multiple sclerosis. It's our mission to leave MS where it belongs, behind us. So, this year, MS Ireland has teamed up with the MS International Federation for The May 50K.

WALK, RUN OR ROLL 50 KILOMETRES IN MAY WHILST FUNDRAISING FOR LIFE-CHANGING RESEARCH INTO MULTIPLE SCLEROSIS, IMPROVING ACCESS TO TREATMENTS AND SUPPORTING PEOPLE LIVING WITH MS IN IRELAND.

Wherever you live, whatever your fitness level, you can decide when and where you will complete your 50 kilometres.

Every step you take, every kilometre you clock, helps people get access to the treatment they need today and takes us closer to finding a cure for MS.

You can do it by yourself, or as part of a virtual team with friends, family or work colleagues.

Together we will change the future of MS and leave MS where it belongs, behind us.

More information (<https://www.themay50k.ie/>)

Region

Nationwide

[More information \(https://www.themay50k.ie/\)](https://www.themay50k.ie/)

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