

## **Northside Counselling Service & TUDublin: BA Hons in Counselling & Psychotherapy** **(<https://www.activelink.ie/node/100411>)**

### **Northside Counselling Service in Partnership with TUDublin**



## **BA Hons in Counselling & Psychotherapy**

**We are delighted to let you know that applications are open for the new programme BA Hons in Counselling & Psychotherapy.**

The BA (Honours) in Counselling and Psychotherapy was developed in consultation and partnership with experienced stakeholders in this area. The programme will run this autumn on the TUDublin Blanchardstown campus.

Counsellors and Psychotherapists are helping professionals focused on encouraging people to talk about their problems and implement change through this collaborative discussion. This course was developed to equip the participants with the skills and competencies necessary to work as a Counsellor/ Psychotherapist in Ireland. This is an evidence informed programme based on a humanistic framework that integrates Person-Centred and Cognitive-Behavioural Therapy (CBT), underpinned by Ericksonian principles.

There are embedded awards in the BA (Honours) in Counselling and Psychotherapy. Upon successful completion of year one of the course there is a Certificate in Introduction to Counselling Skills (minor award, 60 ECTS) at level 6 of the NFQ. And upon the successful completion of year two there is a Higher Certificate in Arts in Counselling (120 ECTS), also at level 6 of the NFQ.

### **Accreditation**

The BA Hons in Counselling & Psychotherapy is accredited by two professional bodies.

APCP - The Association of Professional Counsellors & Psychotherapists in Ireland

### **The graduate will be able to:**

- Demonstrate in-depth knowledge of the main theoretical approaches and conceptualise these models with reference to the individual needs of clients
- Evaluate emerging trends and international research in the field of Counselling and Psychotherapy
- Demonstrate a range of skills enabling them to work in an evidence-based and innovative manner with clients and allied professionals
- Demonstrate competence in skills acquisition for practice, including therapeutic skills, case management, development and evaluation of treatment plans, intervention skills, referrals, and relevant administrative skills
- Work, safely, effectively, and autonomously as a Counsellor and Psychotherapist
- Demonstrate an ability to update and develop their own and others practice and professional growth
- Demonstrate a high level of professional and ethical behaviour, recognising their level of competence and abide by professional code of ethics.

### **Students will have the opportunity for placement in our counselling centre.**

Students will not have to source their own clients for their professional hours - they will work with Northside Counselling clients, and as students will work with our clients, we ensure they have reached a high standard of

competence and skill. Students will be further supported by our very knowledgeable supervisors, administration and reception staff.

## **Applications:**

<https://www.tudublin.ie/study/undergraduate/courses/counselling-psychotherapy/?keywords=197&courseType>  
(<https://www.tudublin.ie/study/undergraduate/courses/counselling-psychotherapy/?keywords=197&courseType>)

If you would like to be on our email list for further information on our course developments, please email [karl@northsidecounselling.ie](mailto:karl@northsidecounselling.ie)

([https://www.northsidecounselling.ie/services/training\\_programme/programme/denise.northsidecounselling@gmail.com](https://www.northsidecounselling.ie/services/training_programme/programme/denise.northsidecounselling@gmail.com)) with your questions.

### **Region**

Blanchardstown, Co Dublin

[Applications \(https://www.tudublin.ie/study/undergraduate/courses/counselling-psychotherapy/?keywords=197&courseType=\)](https://www.tudublin.ie/study/undergraduate/courses/counselling-psychotherapy/?keywords=197&courseType=)

### **Date Entered/Updated**

25th May, 2023

### **Expiry Date**

25th Jul, 2023

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